



THE CLAREMONT COLLEGES
EMPOWER YOUR HEALTH,
MORE CHOICES TO FIT YOUR NEEDS

2024 BENEFITS



CONTENTS



MEDICARE PART D NOTICE

If you (and/or your dependents) have Medicare or will become eligible for Medicare in the next 12 months, a federal law gives you more choices about your prescription drug coverage. Please see the Important Plan Information section for more details.

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GETTING STARTED

2024 BENEFITS

January 1, 2024

through

December 31, 2024

Whether you're enrolling in benefits for the first time, nearing retirement, or somewhere in between, The Claremont Colleges supports you with benefit programs and resources to help you thrive today and prepare for tomorrow.

This guide provides an overview of your healthcare coverage, life, disability, retirement benefits, and more.

You'll find tips to help you understand your medical coverage, save time and money on healthcare, reduce taxes, and balance your work and home life. Review the coverage and tools available to you to make the most of your benefits package.

WHO'S ELIGIBLE FOR BENEFITS?



WHEN YOU CAN ENROLL

You can enroll in benefits as a new hire or during the annual open enrollment period. You must enroll within 31 days following your Benefits Eligibility Date.

If you miss the enrollment deadline, you'll need to wait until the next open enrollment (the one time each year that you can make changes to your benefits for any reason). If you enroll late, premiums will be deducted back to the effective date of coverage.

Employees

You are eligible if you are a regular employee scheduled to work at least 20 hours per week, or a California Botanic Garden employee who is scheduled to work at least 30 hours per week.

Benefit-eligible employee is defined as:

- A faculty member who is scheduled to work at least half-time for at least one semester, with the exception of adjunct faculty at Claremont Graduate University (CGU), or
- A faculty member who is scheduled to teach at least three classes over the academic year, or
- A staff member in a regular position who is scheduled to work at least 20 hours per week, or
- A benefits-eligible, grant based employee at CGU, as follows:
 - An employee hired in a position that is funded by a grant specifically including employer expense for benefit coverage, AND
 - The employee meets the required number of scheduled work hours defined above, or
- California Botanic Garden staff members in a regular position who are scheduled to work 30 or more hours per week.

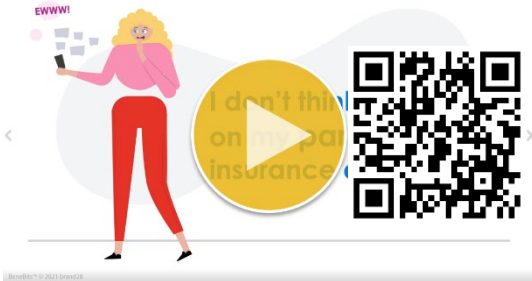
Eligible dependents

- Spouse
- Domestic partner
- Natural, adopted or stepchildren up to age 26
Domestic partner's child(ren) are eligible
- Children over age 26 who are disabled and depend on you for support
- Children named in a Qualified Medical Child Support Order (QMCSO)

Domestic Partner Coverage – *The IRS does not recognize domestic partners as legal dependents for purposes of tax reporting. For this reason, The Claremont Colleges must report the value (employer subsidy) of medical benefits. Employee contributions for domestic partner benefits are made after tax.*

CHANGING YOUR BENEFITS

Click or scan to play video



LIFE HAPPENS

A change in your life may allow you to update your benefit choices. Watch the video for a quick take on your options.

THREE RULES APPLY TO MAKING CHANGES TO YOUR BENEFITS DURING THE YEAR:

1. Any change you make must be consistent with the change in status.
2. You must make the change within 31 days of the date the event occurs. If you enroll late, premiums will be deducted back to the effective date of coverage
3. All proper documentation is required to cover dependents (marriage certificates, birth certificates, etc.).

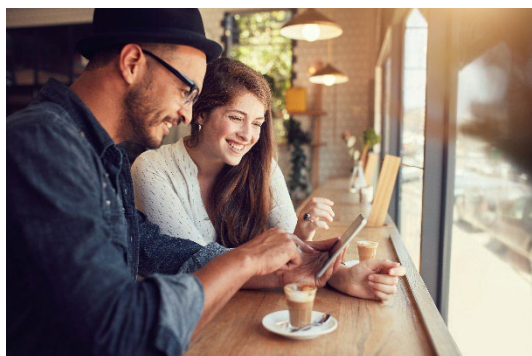
Outside of open enrollment, you may be able to enroll or make changes to your benefit elections if you have a big change in your life, including:

- Change in legal marital status
- Change in number of dependents or dependent eligibility status
- Change in employment status that affects eligibility for you, your spouse, or dependent child(ren)
- Change in residence that affects access to network providers
- Change in your health coverage or your spouse's coverage due to your spouse's employment
- Change in an individual's eligibility for Medicare or Medicaid
- Court order requiring coverage for your child
- "Special enrollment event" under the Health Insurance Portability and Accountability Act (HIPAA), including a new dependent by marriage, birth or adoption, or loss of coverage under another health insurance plan
- Event allowed under the Children's Health Insurance Program (CHIP) Reauthorization Act (you have 60 days to request enrollment due to events allowed under CHIP).

You must submit your change within 31 days after the event.



ENROLLING FOR BENEFITS



NEED MORE INFORMATION?

Find contacts, tips, forms and more at services.claremont.edu/benefits-administration.




Workday

Workday is an online system that enables you to make all your benefit decisions in one place.

Before you enroll

- Know the date of birth, social security number, and address for each dependent you will cover.
- Review your enrollment materials to understand your benefit options and costs for the coming year.

Getting started

- Log onto Workday — www.myworkday.com/theclaremontcolleges
- 
- Select your institution from the drop-down list
 - Enter your network credentials (for username and password assistance, please contact your IT department)
 - Check your Workday Inbox for either:
 - Change Benefits for open enrollment task; or
 - Benefits Change task (New Hires)
 - Go through the enrollment process, check “I agree” at the bottom of the page, and click “Submit”
 - During open enrollment, your elections will be processed and take effect on January 1; for New Hires, your elections will be sent for approval, and you will receive an email once they have been processed.



MEDICAL

OUR PLANS

Blue Shield Trio HMO

Blue Shield Access+ HMO

Blue Shield PPO HDHP

Kaiser Permanente HMO

All About Medical Plans



Play the Health Lingo Game!



Which Plan Is Right For You?

That depends on your healthcare needs, favorite doctors, and budget. Here are some considerations. We offer 4 medical plans, 3 through Blue Shield and 1 through Kaiser Permanente.

Consider an HMO (Health Maintenance Organization) if:

- You want lower, predictable out-of-pocket costs
- You like having one doctor to manage your care
- You are happy with the selection of network providers
- You don't see any doctors that are out-of-network
- You have convenient access to Kaiser facilities (Kaiser HMO)

Consider a High Deductible Health Plan (HDHP) if:

- You want to be able to see any provider, even a specialist, without a referral
- You are willing to pay more to see out-of-network providers
- You want tax-free savings on your healthcare costs
- You want to build a savings account for future healthcare costs for you and your eligible family members
- You want an extra way to add to your retirement savings

Compare the Medical Plans

	Blue Shield Trio HMO	Blue Shield Access+ HMO	Blue Shield PPO HDHP		KAISER HMO PLAN
	Trio ACO HMO Network	Access+ HMO Network	In-Network	Out-of-Network	Kaiser Permanente Network
Annual Deductible¹ Individual Family Member Family	N/A	N/A	\$2,000 \$3,200 \$4,000	\$4,000 \$4,000 \$8,000	N/A
Annual Out-of-Pocket Maximum² Individual Family Member Family	\$1,500 \$1,500 \$3,000	\$1,500 \$1,500 \$3,000	\$3,000 \$3,200 \$6,000	\$7,000 \$7,000 \$14,000	\$1,500 \$1,500 \$3,000
Office Visit Primary Care Specialist	\$20 copay \$20 copay	\$20 copay \$20 copay	20%* 20%*	40%* 40%*	\$20 copay \$30 copay
Preventive Services	No charge	No charge	No charge	Not covered	No charge
Chiropractic	\$10 ³	\$10 ³	20%* ⁴	40%*	Not covered
Lab and X-ray	No charge	No charge	20%*	40%*	No charge
Urgent Care	\$20 copay	\$20 copay	20%*	40%*	\$20 copay
Emergency Room	\$100 copay ⁵	\$100 copay ⁵	20%*	20%*	\$100 copay ⁵
Inpatient Hospitalization	\$300 copay/ admission	\$300 copay/ admission	20%*	40%*	\$200 copay/ admission
Outpatient Surgery	\$30 copay	\$30 copay	20%*	40%*	\$30 copay
PRESCRIPTION DRUGS					
Retail- 30 Day Supply Tier 1 Tier 2 Tier 3 Tier 4	\$10 copay \$30 copay \$50 copay 20% to \$150	\$10 copay \$30 copay \$50 copay 20% to \$150	After medical deductible ⁶		\$10 copay \$25 copay N/A \$25 copay
			\$15 copay \$40 copay \$60 copay 30% to \$250	\$15 copay + 25% \$40 copay + 25% \$60 copay + 25% 30% to \$250 + 25%	
			After medical deductible ⁶		
			\$30 copay \$80 copay \$120 copay 30% to \$500	Not covered	
Mail Order- Up to a 90 Day Supply Tier 1 Tier 2 Tier 3 Tier 4	\$10 copay \$60 copay \$100 copay 20% to \$300	\$10 copay \$60 copay \$100 copay 20% to \$300	After medical deductible ⁶		\$20 copay ⁷ \$50 copay ⁷ N/A N/A
			\$30 copay \$80 copay \$120 copay 30% to \$500	Not covered	
			After medical deductible ⁶		

Tier 1: Typically, lower cost Generics, Tier 2: Typically, Preferred Brand, Tier 3: Typically, Non-Preferred Brand, Tier 4: Typically, Specialty.

*After deductible.

¹ An embedded family deductible means the plan begins to make payments for a member when they reach their individual deductible. Waived if admitted. ²An embedded family maximum means the plan will cover 100% for an individual member as soon as they reach their individual maximum. ³60 visits per calendar year; combined with Acupuncture, ⁴Upt o 30 visits per calendar year. ⁵Waived if admitted. ⁶Certain Preventive medications are not subject to the deductible. ⁷100 day supply.

See page 27 for information on how to find a doctor.

Get answers to your Blue Shield prescription drug questions and more by visiting: www.blueshieldca.com/pharmacy.

BLUE SHIELD RESOURCES



Get 24/7 access to your Blue Shield health plan information through the mobile app and website. Download the Blue Shield of California mobile app and click register. You can also register for your online account at <https://www.blueshieldca.com/en/home/about-blue-shield/mobile-app>.

Once you register, you'll be able to:

- Find a doctor/urgent care nearby
- View or print your Blue Shield of CA member ID card
- View your claims
- Review your benefits information
- See your wellness benefits

SHIELD CONCIERGE

Shield Concierge is a team of nurses, health coaches, social workers, pharmacists, pharmacy technicians, and dedicated customer service representatives, working together for you. They provide personalized support on all aspects of your care.

Call (855) 599-2657 to speak to the Shield Concierge team.

Wellvolution

Get no-cost lifestyle-based programs, tools, and support to lose weight, treat diabetes, prevent diabetes, quit smoking, lower stress, manage anxiety or depression, and more. The clinically proven programs are designed to help you reach your health goals, even if you have chronic conditions. Visit <https://wellvolution.com> and use your Blue Shield of CA login credentials to get started. Call (866) 671-9644 for technical assistance.

NurseHelp 24/7

Registered nurses are available 24 hours a day to answer any of your health questions. Call for immediate and reliable health advice and information.

This service is provided at no additional cost to you. NurseHelp 24/7 online service offers an anonymous, one-on-one, secure chat feature with a registered nurse. In the case of a medical emergency, always call 911 immediately. Log into your Blue Shield of CA account to connect

<https://www.blueshieldca.com/en/home/be-well/live-healthy/nurse-help> or call (877) 304-0504 (TTY: 711)

Teladoc

With 24/7 online access you can skip the line at urgent care and connect with a doctor in 1 hour or less; or make an appointment in advance.

Set up an appointment with physicians, including pediatricians and family doctors licensed psychiatrist, psychologist, or counselor by phone or video.

Mental health appointments are available daily from 7 a.m. to 9 p.m., from the convenience and privacy of your home.

Sign into your Blue Shield of CA account online or use the app to speak with a doctor or request an appointment at www.Teladoc.com/bsc. If you need help creating a Teladoc account, call (800) 835-2362 / (800) TELADOC.

KAISER RESOURCES



NEW KAISER FEATURE WITH CIGNA

Kaiser HMO members now have access to Cigna's national network of physicians and providers for urgent or emergency care during their travels. Visit kp.org for more. Call (951) 268-3900 (TTY 711) for travel support anytime, anywhere (closed major holidays).

KAISER AWAY FROM HOME

Members are covered for emergency and urgent care anywhere in the world. Whether you're within the U.S. or outside of country, Kaiser's travel [website](#) will explain what to do if you need emergency or urgent care during your trip.

NEED MORE INFORMATION?

To access these tools and services, visit kp.org or call Member Services at (800) 464-4000.

Stay engaged with your health and simplify your busy life by using the [Kaiser Permanente Website](#).

KP Oncall

Call (833) 574-2273 for Kaiser's after-hours nurse advice. You can speak with a licensed health care professional by phone. Get help with health questions, advice about seeking medical care or find out what to do if your medical office is closed.

myStrength

Designed to help navigate life's challenges, make positive changes, and support your overall well-being, this app can help you set goals and work towards them in the ways that work best for you.

Find myStrength at kp.org/selfcareapps then choose the mental health or wellness areas you prefer.

Calm

Download this app for self-care and better sleep. Calm uses meditation and mindfulness to help lower stress, reduce, anxiety, and improve sleep quality.

Adult members can get Calm for free at kp.org/selfcareapps.

ClassPass

This fitness industry leader makes it easier for you to exercise from the comfort of your home or local gym/studio. Members can get free on demand video workouts and reduced rates on livestream and in-person fitness classes.

To get started, visit kp.org/exercise.

ChooseHealthy

This program provides discounts on a variety of complementary and alternative care resources. Take advantage of reduced rates to help you stay healthy.

Healthy Lifestyle Programs

Kaiser offers healthy lifestyle programs for weight loss, maternity and pregnancy, smoking cessation, insomnia, diabetes, depression and stress management, and pain management. Visit the [Kaiser Permanente Website](#) to get started.

HEALTH SAVINGS ACCOUNT (HSA)

Click or scan to play video



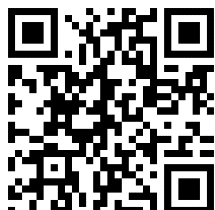
ARE YOU ELIGIBLE?

The HSA is not for everyone. You're eligible only if you are:

1. Enrolled in the Blue Shield PPO HDHP.
2. Not enrolled in other non-HDHP medical coverage, including Medicare, Medicaid, or Tricare.
3. Not a tax dependent of someone else.
4. Not enrolled in a healthcare Flexible Spending Account (FSA), unless it's a "limited scope health care" FSA for dental and vision expenses.

FIND OUT MORE

- [Eligible Expenses](#)
- [Ineligible Expenses](#)



www.learn2.healthequity.com/bsc/hsa

A personal savings account for healthcare

A Health Savings Account (HSA) is an easy way to pay for healthcare expenses that you have today and save for expenses you may have in the future. Enroll in the Blue Shield PPO HDHP and an interest-bearing HSA, managed by HealthEquity.

How the HSA Plan works

- Your HSA account is set up automatically after you enroll in the Blue Shield PPO HDHP Plan.
- You can contribute up to the 2024 annual limit set by the IRS:
Individual: \$4,150 per year
Family: \$8,300 per year
Are you age 55 or over? You can contribute an additional \$1,000 per year
- To help you get started, The Claremont Colleges makes a contribution to your HSA (this is included in the IRS maximums noted above):
Individual: \$1,000
Family: \$2,000

Note: You will only receive the employer contribution to your HSA if your account is with HealthEquity. If joining after January 1, contribution amount will be prorated. Only non-highly compensated participants (employees who had an annual compensation of less than \$150,000 in 2023) are eligible for the employer contribution.

- You can use your HSA debit card to pay for eligible expenses like office visits, lab tests, prescriptions, dental and vision care, and even some drugstore items.

Four reasons to love an HSA

1. **Tax-free.** No federal tax on contributions, or state tax in most states. Withdrawals are also tax-free as long as they are for eligible healthcare expenses.
2. **No "use it or lose it."** Your unused balance accumulates year over year. You own the account and can use it for eligible expenses even if you change medical plans or leave the company.
3. **Use it now or later.** Use your HSA for healthcare expenses you have today or save it to use later.
4. **Boosts retirement savings.** After you retire, you can use your HSA for healthcare expenses tax-free, or for regular living expenses, taxable but no penalties.

HEALTH SAVINGS ACCOUNT (HSA) – HEALTHEQUITY RESOURCES



SAVE YOUR RECEIPTS

We recommend saving itemized receipts and EOBs for tax purposes. At the end of the year, HealthEquity will provide you with the tax forms required to file your taxes. You are responsible for reporting your HSA contributions and distributions at tax time.

DOWNLOAD THE APP

Use the HealthEquity app to access your HSA account and history, send payments and reimbursements, initiate claims, and use your phone camera for photo documentation. <https://learn2.healthequity.com/bsc/hsa/mobile-app>



How to set up and manage your account online

HealthEquity makes it easy for you to manage your HSA with an online account through

<https://learn2.healthequity.com/bsc/hsa/>

Features of the online account:

- Set up direct deposit to ensure you receive your funds quickly
- Request reimbursements for qualified medical expenses
- Check your claims activity, including status
- Order a debit card for your dependent(s)
- Access claims, disclosures, account and IRS resources
- Access HealthEquity's HSA calculator to calculate your contribution amounts and your tax savings

How to set up your online account:

- Visit <https://my.healthequity.com/Signup/MemberActivation.aspx> to register

Please note: to open an account with HealthEquity, you must have a physical mailing address (not a P.O. Box)

Your HSA Debit Card

You will receive a Debit Card, mailed directly to your home address, when you enroll in the HealthEquity HSA. To activate your card, you may call the toll-free number on the activation sticker on the front of your card.

You can use the debit card to pay for eligible services and products. When you use the debit card, payments are automatically withdrawn from your HSA, resulting in fewer out-of-pocket expenses for you.

You can also request a debit card for your dependents and/or spouse. A dependent must be 18 years of age or older to receive a debit card in their own name.

How to file a claim if you pay out-of-pocket

If you pay for your HSA eligible expenses out-of-pocket, you can file for a reimbursement.

- Login to your online account to request a payment be sent directly to your provider or to you.
- Don't forget about direct deposit! You can set up direct deposit online and allow HealthEquity to deposit reimbursements in your bank account.

HEALTHCARE FLEXIBLE SPENDING ACCOUNT (FSA)

Click or scan to play video



ARE YOU ELIGIBLE?

You don't have to enroll in one of our medical plans to participate in the healthcare FSA. However, if you or your spouse are enrolled in a high deductible health plan (like our Blue Shield PPO HDHP) you can only participate in the **Limited Scope Health Care FSA** for dental and vision expenses and is only available to use on medical expenses after you have reached your medical plan's deductible

Find out more

- www.payflex.com
- [Eligible Expenses](#) – now include more over-the-counter items!
- [Ineligible Expenses](#)

Set aside healthcare dollars for the coming year

A healthcare FSA allows you to set aside tax-free money to pay for healthcare expenses you expect to have over the coming year. This program is administered through PlayFlex.

How the 2024 PayFlex FSA works

- You estimate what you and your family's out-of-pocket costs will be for the coming year. Think about what out-of-pocket costs you expect to have for eligible expenses such as office visits, surgery, dental and vision services, prescriptions, even eligible drugstore items.
- You can contribute up to \$3,200, the annual limit set by the IRS. Contributions are deducted from your pay pre-tax, meaning no federal or state tax on that amount.
- During the year, you can use your FSA debit card to pay for services and products. Withdrawals are tax-free as long as they're for eligible healthcare expenses.
- Expenses must be incurred between 01/01/2024 and 03/15/2025 (2 ½ month "grace period" after the end of the plan year) and claims must be submitted for reimbursement no later than 06/30/2025. If you don't spend all the money in your account, you forfeit the remaining balance.
- Elections cannot be changed during the plan year, unless you experience a qualifying event.
- You must re-enroll in this program each year.

Limited Scope Health Care FSA

- If you/your spouse are enrolled in a high deductible health plan (like our Blue Shield PPO HDHP plan), you can only participate in the Limited Scope Health Care FSA for dental and vision expenses. Medical services are only eligible AFTER you have reached your medical plan's deductible.
- All other considerations listed above also apply to the Limited Scope Health Care FSA.

FSA TAX SAVINGS EXAMPLE

\$60,000 Annual Pay, with \$1,500 FSA Contribution

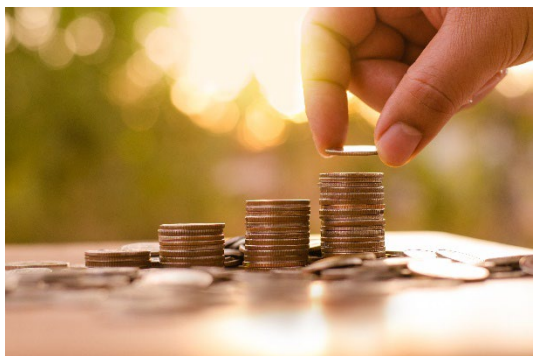
\$330	\$115	\$445
22% Federal income tax	7.65% FICA tax	Annual FSA tax savings

\$120,000 Annual Pay, with \$2,750 FSA Contribution

\$660	\$210	\$870
24% Federal income tax	7.65% FICA tax	Annual FSA tax savings

Your tax savings may vary depending on tax filing status and other variables

HEALTHCARE FLEXIBLE SPENDING ACCOUNT (FSA) – PAYFLEX RESOURCES



PAYFLEX MOBILE APP

- Check your balance and view account activity
- File a claim and upload documentation in seconds
- Report a card lost or stolen
- Use the barcode scanner to verify eligible items in-store



How to set up and manage your account online

PayFlex makes it easy for you to manage your FSA with an online account through [PayFlex.com](https://www.payflex.com), free benefits mobile app as well as text and email alerts.

Features of PayFlex:

- Set up direct deposit to ensure you receive your funds quickly
- Pay your provider directly from your account
- Request reimbursements for qualified medical expenses
- Check your claims activity, including status
- Order a debit card for your dependent(s)
- Access claims, disclosures, account and IRS resources

How to set up your online account:

- Create an account at [PayFlex.com](https://www.payflex.com)

Your FSA Debit Card

You will receive a Debit Card, mailed directly to your home address, when you enroll in the FSA. To activate your card, you may call the toll-free number on the activation sticker on the front of your card.

You can use the debit card to pay for eligible services and products. When you use the debit card, payments are automatically withdrawn from your FSA, resulting in fewer out-of-pocket expenses for you.

You can also request a debit card for your dependents and/or spouse. A dependent must be 18 years of age or older to receive a debit card in their own name.

How to file a claim if you pay out-of-pocket

Online Claim Filing:

- You can file your claim online. It's quick and easy. Login to the PayFlex member website and under Quick Links select File a Spending Account Claim. You'll just need to follow the four steps to quickly file your claim

Paper Claim Filing:

- Click on the [*Resource Center*](#) and then click on [*Administrative Form – Reimbursement Account Forms*](#)
- Fill out and print the correct claim form and complete
- Sign and date claim form
- Include supporting documents (example: receipt and EOB)
- Mail or fax to address or fax number on claim form

PAYING FOR DAYCARE? MAKE IT TAX-FREE!



EVERY OPPORTUNITY TO SAVE

The biggest deduction from your paycheck is likely federal income tax. Why not take a bite out of taxes while paying for necessary expenses with tax-free dollars?

ESTIMATE CAREFULLY!

The Claremont Colleges allows you to make changes when costs change; no qualifying life event is necessary. Money contributed to a dependent care FSA must be used for expenses incurred during the same plan year. Unspent funds will be forfeited.

Dependent Care FSA—up to \$5,000 per year tax-free

A dependent care Flexible Spending Account (FSA) can help families save potentially hundreds of dollars per year on day care. This program is administered by PayFlex.

Here's how the Dependent Care FSA works

You set aside money from your paycheck, before taxes, to pay for work-related day care expenses. Eligible expenses include not only childcare, but also before and after school care programs, preschool, and summer day camp for children under age 13. The account can also be used for day care for a spouse or other adult dependent who lives with you and is physically or mentally incapable of self-care. An eligible dependent is a person who shares the same primary place of residence with you for more than six months each year whom you can claim as a dependent on your federal income tax return.

You can set aside up to \$5,000 (\$2,500 if single or married and filing separate tax returns) per household per year. You can pay your dependent care provider directly from your FSA account, or you can submit claims to get reimbursed for eligible dependent care expenses you pay out of pocket.

How to file a claim if you pay out-of-pocket Claim Form Only:

- Complete all requested information. Pay attention to the below:
 - Date of service**
 - Caregiver information
 - Employee signature

Claim Form with itemized statement or receipt:

- Complete all requested information
- Employee signature
- Include itemized statement or receipt*, which includes:
 - Provider name
 - Qualifying person name
 - Date of service**
 - Amount charged for the care services

*Payflex cannot accept a canceled check or debit or credit card receipt as documentation

** We can only reimburse eligible expenses after you have received the care or service. This is when you have incurred the expense. This is true even if you have already paid, or have been billed or charged, for the service.

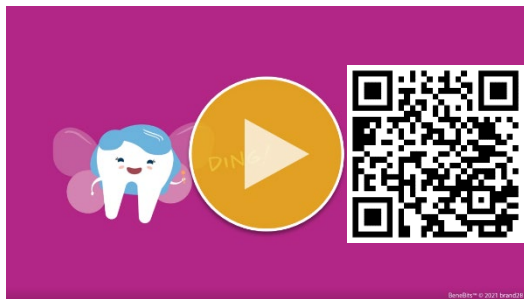


DENTAL

OUR PLANS

CIGNA Dental HMO
CIGNA Dental PPO

Click or scan to play video



Cigna Dental Resources

If you have Cigna dental coverage, you also have access to Cigna Healthy Rewards, a discount plan for products and programs such as weight management, fitness, vision and hearing, alternative medicine, and healthy lifestyle.

Log on to www.mycigna.com to get started.

Why sign up for Dental coverage?

It's important to go to the dentist regularly. Brushing and flossing are great, but regular exams catch dental issues early before they become more expensive and difficult to treat.

That's where dental insurance comes in. Dental insurance makes it easier and less expensive to get the care you need to maintain good oral health.

Dental insurance covers four types of treatments:

- **Preventive** care includes exams, cleanings and x-rays
- **Basic** care focuses on repair and restoration with services such as fillings, root canals, and gum disease treatment
- **Major** care goes further than basic and includes bridges, crowns and dentures
- **Orthodontia** treatment to properly align teeth within the mouth

CIGNA DENTAL PLANS

You always pay the deductible and copayment (\$). The coinsurance (%) shows what you pay after the deductible.

	CIGNA DENTAL HMO	CIGNA DENTAL PPO	
	In-Network	In-Network	Out-of-Network
Annual Deductible¹ Individual Family	None	\$50 \$150	\$50 \$150
Annual Plan Maximum Individual Family	Unlimited	Progressive Maximum Benefit ² : Year 1: \$2,000 Year 2: \$2,200 Year 3: \$2,400 Year 4: \$2,600	
Diagnostic & Preventive¹ Routine Examination: cleaning	Up to two cleanings per year	Up to three cleanings per year	Up to three cleanings per year
Fluoride treatment (including bitewing x-rays)	No charge	No charge	No charge
Office Visits	No charge	No charge after deductible	No charge after deductible
Basic Services (Restorative) Fillings: Amalgam Composite/Resin	\$0-\$40 copay (depending on number of surfaces)	20% after deductible	20% of max allowed amount after deductible + any remaining balance
Simple Extractions	\$5 copay	20% after deductible	20% of max allowed amount after deductible + any remaining balance
Major Services Caps, Crowns, Dentures, Implants	Copays as listed in the schedule of covered services and copays	50% after deductible	50% of maximum allowed amount after deductible + any remaining balance
Orthodontia Adults	\$0-\$1,488 copay depending on the service	50% up to a \$2,500 lifetime maximum benefit; deductible does not apply	
Children (up to age 19)	\$0-\$984 copay depending on the service		

What you need to know about these plans

Features:	Cigna HMO: You pay a flat copay for most services. Cigna PPO: You must first meet a deductible for basic & major services. Once you do, you and the plan will share in the cost up to an annual maximum. For every consecutive year you receive preventive dental care, \$200 will be added to next year's maximum annual benefit (up to an overall maximum benefit of \$2,600 after four years).
Am I restricted to in-network providers?	Cigna HMO: Yes Cigna PPO: No, but you will pay less if you use in-network dentist
Do I have to select a primary dentist?	Cigna HMO: Must select a primary care dentist (PCD) from the Cigna total network Cigna PPO: See any provider, but you'll pay more out of network

¹ Calendar-year deductible and maximum benefit are not applicable to preventive or diagnostic services.

² If you receive preventive dental care during a plan year, your calendar-year maximum benefit for the next year will increase by \$200, until you reach a maximum dental benefit of \$2,600. If preventive care is not received, the maximum benefit for the next year will be lowered to \$2,000.



VISION

OUR PLANS

Anthem Core Plan

Anthem Buy-Up Plan

Click or scan to play video



WHERE CAN I GET MORE DETAILS?

Visit [anthem.com/ca](https://www.anthem.com/ca) to check out extra savings and discounts.

Importance of Vision coverage

Vision coverage helps with the cost of eyeglasses or contacts. But even if you don't need vision correction, an annual eye exam will check the health of your eyes and can even detect more serious health issues such as diabetes, high blood pressure, high cholesterol, and thyroid disease.

You'll even find discounts on services like LASIK and PRK, rebates on contact lenses, and money off on hearing aids and other related services.

Eligible employees are automatically enrolled in the Core Vision plan through Anthem Blue View at no cost.

Anthem Vision Plans


Your vision checkup is fully covered after your Exam copay. Eligible employees are automatically enrolled in the Core Vision plan through Anthem Blue View at no cost. After any Materials copay, the plan covers frames, lenses, and contacts as described below.

	CORE PLAN	BUY-UP PLAN	
	In-Network	In-Network	Out-of-Network
Exams Benefit	\$10 copay then plan pays 100% (plan reimburses up to \$79 out-of-network)	\$10 copay then plan pays 100%	Plan pays up to \$79
Frequency	Once every 12 months	Once every 12 months	Once every 12 months
Eyeglass Lenses^{1,2} Single Vision Lens Lined Bifocal Lens Lined Trifocal Lens	You pay \$50 You pay \$70 You pay \$105	\$15 copay, plan pays 100% \$15 copay, plan pays 100% \$15 copay, plan pays 100%	Plan pays up to \$36 Plan pays up to \$60 Plan pays up to \$79
Frequency	Once every 12 months	Once every 12 months	Once every 12 months
Frames Benefit	You receive a 35% discount No out-of-network coverage	Plan pays up to a \$130 allowance ¹ ; you receive a 20% discount on amounts over allowance	Plan pays up to \$100
Frequency	Once every 24 months	Once every 12 months	Once every 12 months
Contacts Lenses¹ (in lieu of glasses) Benefit	You receive a 15% discount	Plan pays up to a \$130 allowance ¹ ; you receive a 15% discount on doctors' professional fees. Materials are paid at usual and customary rates	Plan pays up to \$115
Frequency	Once every 12 months, in lieu of glasses	Once every 12 months, in lieu of glasses	Once every 12 months, in lieu of glasses

¹ Allowance applies to frames OR contact lenses

² Special materials or coatings are subject to additional copays

What you need to know about this plan:



Features:

What other services are covered?

Eyeglasses are expensive. Will I still be able to afford them, even with insurance?

See any provider, but you'll pay more out of network.

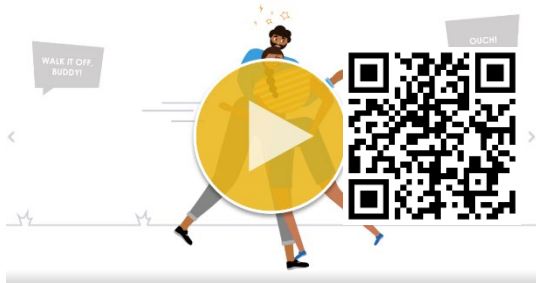
The plan can also help you save money on LASIK procedures, non-prescription sunglasses, and even hearing aids.

Look for moderately priced frames and remember that your benefit is higher in-network. If you participate in an HSA or healthcare FSA, you can use your account to pay for vision care and eyewear with tax-free dollars.

ENGAGE

Click or scan to play video

Urgent Care vs ER



Virtual Healthcare








Maximize Your Healthcare

Knowing how to best use your healthcare coverage can help you improve your health and reduce your expenses. In this section you'll find tips on:

- Finding the right care at the right cost
- Alternatives to hospital care
- Understanding preventive care benefits
- Saving money on prescription drugs

KNOW WHERE TO GO




Where you get medical care can have a significant impact on the cost. Here's a quick guide to help you know where to go, based on your condition, budget, and time.

Type	Appropriate for	Examples	Access	Cost ¹
Nurse Line 	Quick answers from a trained nurse Blue Shield: Log in at blueshieldca.com to chat (877) 304-0504 (TTY: 711) Kaiser: (800) 464-4000	<ul style="list-style-type: none"> Identifying symptoms Decide if immediate care is needed Home treatment options and advice 	24/7	\$0
Online visit 	Many non-emergency health conditions Blue Shield: Virtual visits are offered via Teladoc (800) 835-2362 www.Teladoc.com/bsc Kaiser: virtual visits are offered by visiting kp.org	<ul style="list-style-type: none"> Cold, flu, allergies Headache, migraine Skin conditions, rashes Minor injuries Mental health concerns 	24/7	\$
Office visit 	Routine medical care and overall health management	<ul style="list-style-type: none"> Preventive care Illnesses, injuries Managing existing conditions 	Office Hours	\$\$
Urgent care, walk-in clinic 	Non-life-threatening conditions requiring prompt attention	<ul style="list-style-type: none"> Stitches Sprains Animal bites Ear-nose-throat infections 	Office Hours, or up to 24/7	\$\$\$
Emergency room 	Life-threatening conditions requiring immediate medical expertise	<ul style="list-style-type: none"> Suspected heart attack or stroke Major bone breaks Excessive bleeding Severe pain Difficulty breathing 	24/7	\$\$\$\$\$

¹ Average out-of-pocket cost after deductible (if applicable). Your cost may vary depending on your plan and location.

MENTAL HEALTH RESOURCES

Everyone can experience challenging times, and we understand that you or people close to you may also be faced with additional work and family stresses. Feelings of isolation, depression or despair should never be taken lightly. This is a reminder that our medical plans include coverage for mental health care. Through your telemedicine provider, you can also connect to a mental health provider within minutes, from any location, at any time.

Mental Health Services	
<p>Blue Shield Mental Health Resources</p> 	<ul style="list-style-type: none"> ▪ Available 24/7 ▪ Access to virtual, inpatient and outpatient care for issues such as depression, alcohol/substance use disorder and mental illness. ▪ Stress management services ▪ Critical Incident Response coordination ▪ Mobile app for emotional health and well-being <p>To access these tools and services, visit https://www.bscaplan.com/j337ez and under Resources click on "<i>Mental health and substance use disorder care</i>". Call (877) 263-9952 for help.</p>
<p>Kaiser Mental Health Resources</p> 	<ul style="list-style-type: none"> ▪ Face-to-face counseling sessions with licensed professional mental health providers ▪ Crisis intervention ▪ Chemical dependency treatment ▪ Condition-specific online classes and emotional wellness podcasts ▪ Online self-assessment tools ▪ Support groups <p>To access these tools and services, visit www.kp.org or call Member Services at (800) 464-4000.</p>
<p>Optum EAP</p> 	<p>Our EAP can assist you with parenting or relationship problems, financial advice, or legal referrals. Employees and their dependents can receive up to five counseling sessions with a licensed therapist by phone or in person per family member, per issue. Alternatively, you may choose to connect with a licensed therapist online – from anywhere, at any time.</p> <p>In addition, you can get support and referrals for everyday tasks, including childcare and elder care, household services, and personal services (such as shopping or dog walking).</p> <p>Visit www.liveandworkwell.com and use Company Access Code: claremontcolleges. View page 41 for more information regarding your Optum EAP program.</p>

PREVENTIVE CARE SCREENING BENEFITS

TYPICAL SCREENINGS FOR ADULTS

- Blood pressure
- Cholesterol
- Diabetes
- Colorectal cancer screening
- Depression
- Mammograms
- OB/GYN screenings
- Prostate cancer screening
- Testicular exam

If you have a question about whether a service will be covered as preventive care, contact your medical plan.

You take your car in for maintenance. Why not do the same for yourself?

Annual preventive checkups can help you and your doctor identify your baseline level of health and detect medical issues before they become serious.

What is Preventive Care?

The Affordable Care Act (ACA) requires health insurers to cover a set of preventive services at no cost to you, even if you haven't met your annual deductible. The preventive care services you will need to stay healthy vary by age, sex, and medical history.

Visit [cdc.gov/prevention](https://www.cdc.gov/prevention) for recommended guidelines.

**Preventive care is covered in full
only when obtained from an
IN-NETWORK provider.**

Not all exams and tests are considered preventive

Exams performed by specialists are generally not considered preventive and may not be covered at 100 percent.

Additionally, certain screenings may be considered diagnostic, not preventive, based on your current medical condition. You may be responsible for paying all or a share of the cost for those services.



PRESCRIPTIONS BREAKING YOUR BUDGET?

Click or scan to play video



THE FORMULARY DRUG TIERS DETERMINE YOUR COST

\$ Generic Drug

\$\$ Brand Name Drug

\$\$\$ Specialty Drug

Understanding the formulary can save you money

If your doctor prescribes medicine, especially for an ongoing condition, don't forget to check your health plan's drug formulary. It's a powerful tool that can help you make informed decisions about your medication options and identify the lowest cost selection.

What is a formulary?

A drug formulary is a list of prescription drugs covered by your medical plan. Most prescription drug formularies separate the medications they cover into four or five drug categories, or "tiers." These groupings range from least expensive to most expensive cost to you. "Preferred" drugs generally cost you less than "non-preferred" drugs. Before you fill a prescription, be sure to check the Blue Shield Formulary at blueshieldca.com/formulary.

Get the most from your coverage

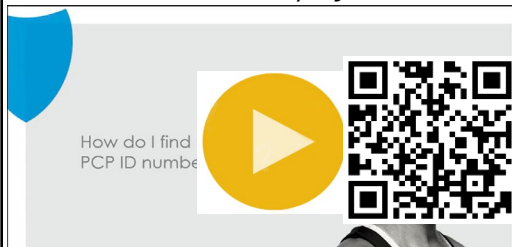
To get the most out of your prescription drug coverage, note where your prescriptions fall within your plan's drug formulary tiers and ask your doctor for advice. Generic drugs are usually the lowest cost option. Generics are required by the Food and Drug Administration (FDA) to perform the same as brand-name drug equivalents.

To find out if a drug is on your plan's formulary, visit the plan's website or call the customer service number on your ID card.

FIND A PROVIDER

BLUE SHIELD HMOs: HOW TO FIND MY DOCTOR'S PRIMARY CARE PHYSICIAN ID NUMBER

Click or scan below to play video



Get answers to your Blue Shield prescription drug questions and more by visiting:
www.blueshieldca.com/pharmacy.

CIGNA DENTAL HMO

1. Go to www.Cigna.com and click on "Find a Doctor, Dentist or Facility" at the top of the screen.
2. Under "How are you covered?" click on "Employer or School."
3. Enter the address, city, or ZIP code under "Find a Doctor, Dentist, or Facility in."
4. Select "Doctor by Type, Doctor by Name, or Health Facilities."
5. Select "Continue as a guest" or "Continue without a plan."

ANTHEM VISION

Find the right Anthem BlueView Vision eye doctor at
www.anthem.com/ca

Blue Shield Medical Plans

TRIO HMO

Go to <http://www.blueshieldca.com/networktriohmo>

1. Enter your location address other key words, such as a doctor's name, specialty or medical group
2. Note your doctor's 12 digit Primary Care Physician Number; watch the video for help

ACCESS+ HMO

Go to <http://www.blueshieldca.com/networkhmo>

1. Enter your location address other key words, such as a doctor's name, specialty or medical group
2. Note your doctor's 12 digit Primary Care Physician Number; watch the video for help

PPO HDHP (in CA)

Go to <http://www.blueshieldca.com/pponetwork>

1. Enter your location address other key words, such as a doctor's name, specialty or medical group

PPO HDHP (outside of CA)

Go to
https://www.blueshieldca.com/bsca/bsc/wcm/connect/member/fad_content_en/content%20root/sa-outofstate/cnt-outofstate

1. Choose the type of care you would like to search: doctor provider, or (when outside the U.S.) worldwide care
2. Type in the three-letter prefix on your ID card. If you do not have an ID card, click "browse a list of plans" and select "BlueCard PPO/EPO"

To access all of the Blue Shield of CA tools and services, visit the Blue Shield website for The Claremont Colleges employees.

<https://www.bscaplan.com/j337ez>



Kaiser Permanente

1. Go to www.kp.org/newmember
2. Click "choose a doctor"
3. Select California-Southern
4. Enter your location and other key words, such as a doctor's name or specialty. (Or you may select your physician on the My Doctor portal.)



LIFE & DISABILITY

YOUR BENEFICIARY = WHO GETS PAID

If the worst happens, your beneficiary—the person (or people) on record with the life insurance carrier—receives the benefit. Make sure that you name at least one beneficiary for your life insurance benefit, and change your beneficiary as needed if your situation changes.

Is your family protected?

Life, AD&D and disability insurance can fill a number of financial gaps due to a temporary or permanent reduction of income. Consider what your family would need to cover day-to-day living expenses or medical bills during a pregnancy or illness-related disability leave. Also consider how you would manage large expenses (rent or mortgage, children's education, student loans, consumer debt, etc.) after the death of a spouse or partner.

We provide short and long-term disability benefits and a base amount of life insurance to help you recover from financial loss.

If you need additional coverage

We offer voluntary coverage that you can purchase for yourself, your spouse, and your children.

COMPANY- PROVIDED LIFE INSURANCE

Life Insurance

Basic Life Insurance pays your beneficiary a lump sum if you die. All benefits-eligible faculty and staff receive Basic Life Insurance. Coverage is provided by Unum and premiums are paid in full by The Claremont Colleges

Basic Life Insurance

1x base annual earnings up to a maximum of \$50,000 and a minimum of \$20,000.

The benefit amounts above will be reduced if you are age 65 or older. Refer to the plan document for details.

Click or scan to play video



Benefits © 2022 brand88



BASIC AND VOLUNTARY LIFE INSURANCE



EVIDENCE OF INSURABILITY (EOI)

You only need to provide EOI within 31 days of your hire date if you purchase coverage above a certain amount:

- For you: Amounts above \$355,000
- For your spouse: Amounts above \$50,000

You will be required to provide EOI if you enroll in or increase your coverage at any time throughout the year or at Open Enrollment. When EOI is required, you will be notified to complete the online submission process.

Protecting those you leave behind

In addition to your employer-paid basic life insurance, Voluntary Life Insurance allows you to purchase additional life insurance to protect your family's financial security. Coverage is provided by Unum and is also available for your spouse and/or child(ren).

Unum Voluntary Life

Employee	Get up to \$1,000,000 in \$1,000 increments up to 4x your earning Guaranteed Issue: \$355,000
Spouse	\$10,000 increments, to a maximum of \$250,000 or 100% of your Basic Life Insurance coverage Guaranteed Issue: \$50,000
Child(ren)	\$15,000 (benefit is limited to \$1,000 for infants up to 6 months) Guaranteed Issue: up to 6 months is \$1,000

Note: Coverage amounts are reduced beginning at age 65.

In the event of a serious or fatal accident

Voluntary AD&D Insurance allows you to purchase accidental death and dismemberment coverage that pays your beneficiary if you have a fatal accident. If you experience a serious injury the plan pays a benefit to you. Coverage is provided by Zurich and is available for your spouse and/or child(ren).

Zurich Voluntary AD&D

Employee	\$25,000 increments, up to \$500,000, but not exceeding 10x your annual salary* if the selection is over \$250,000
Spouse	<ul style="list-style-type: none">• If only a spouse/domestic partner is covered, the spouse's coverage amount is 100% of the employee's coverage amount• If a spouse/domestic partner and child(ren) are covered, the spouse's coverage amount is 80% of the employee's coverage amount
Child(ren)	<ul style="list-style-type: none">• If only children are covered, the children's coverage amount is 30% of the employee's coverage amount• If a spouse/domestic partner and child(ren) are covered, the children's coverage amount is 20% of the employee's coverage amount

*if you attempt to elect coverage that is more than 10x your annual salary, your coverage amount will be automatically be lowered to 10x your annual salary.

VOLUNTARY SHORT-TERM DISABILITY INSURANCE (VDI)

CA EMPLOYEES ONLY

**Weekly Benefit
Amount**

Plan pays up to
70% of weekly
earnings



LONG-TERM DISABILITY INSURANCE (LTD)

**Monthly Benefit
Amount**

66 2/3 % up to a
maximum of
\$15,000

Benefits Begin

After 180 days
of disability

3 THINGS TO KNOW ABOUT LONG TERM DISABILITY INSURANCE

1. It can protect you from having to tap into your retirement savings.
2. You can use LTD benefits however you need, for housing, food, medical bills, etc.
3. Benefits can last a long time—from weeks to even years—if you remain eligible.

Short-Term Disability (STD)

Disability insurance replaces part of your pay while you are unable to work so you have a continuing income for living expenses. See qualifying limited duration issues such as:

- Pregnancy issues and childbirth recovery
- Prolonged illness or injury
- Surgery and recovery time

You are eligible for STD after missing five continuous days of work due to non-work –related illness or injury, pregnancy, or childbirth.

STD payments may be reduced if you receive other benefits such as sick pay, workers' compensation, Social Security, or state disability. **You pay the cost of this coverage.**

Submitting a Short-Term Disability Claim

If you are disabled due to an illness or accidental injury, unable to work, and under the care of a licensed physician, you are eligible to submit a claim for benefits under this plan. Please contact disability@claremont.edu

LTD benefits cushion the financial impact of a disability

Long-Term Disability (LTD) insurance replaces part of your income for longer term issues such as:

- Debilitating illness (cancer, heart disease, etc.)
- Serious injuries (accident, etc.)
- Heart attack, stroke
- Mental disorders.

If you qualify, LTD benefits begin after short-term disability benefits end. Payments may be reduced by state, federal, or private disability benefits you receive while disabled. You are automatically enrolled in Long-Term Disability Insurance through Unum on your first day of employment if you work 30 hours or more per week. **The Claremont Colleges pays the cost of this coverage.**

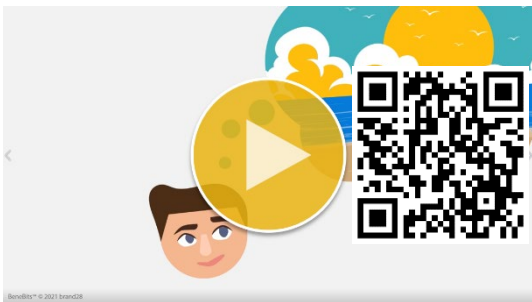
Note: California Botanic Garden employees may elect LTD coverage and share the cost of the premium (50%) with The Claremont Colleges.



FINANCIAL WELLNESS

Is it time for a “financial wellness” checkup?

Click or scan to play video



Are you worried about money—making your paycheck last? Paying down debt? Making a big purchase like a car or home? And can you even begin to think about preparing for retirement?

Ignoring your financial health can take a toll on your quality of life today and block opportunities for the future. And worrying about money matters can make you stressed, even to the point of physical illness.

We offer benefits and resources to help you make the most of your money now and in the future.

ACADEMIC RETIREMENT PLAN



WHAT ARE YOUR PLANS?

Many of us can't plan past the weekend, never mind thinking about a retirement nest egg. Our Academic Retirement Plan will help you set a retirement savings goal and stick to it.

The important thing is to start now and set aside what you can, even if you think it's too small to make a difference.

Academic Retirement Plan (ARP)

Each college offers an Academic Retirement Plan (ARP) as the primary way for employees to save for retirement.

Who's Eligible	All faculty and staff are eligible to participate through elective deferral upon date of hire.
How to Enroll	Visit www.TIAA.org/theclaremontcolleges Contributions are invested into the appropriate Vanguard Target Retirement Fund for your age group by default if an enrollment is not completed.
The Claremont Colleges Contributions	Certain employees are eligible to receive The Claremont Colleges contributions — calculated on a percentage of eligible compensation — based on job classification, length of service, and attainment of age 21. Check with your HR office for details.
Vesting	Your contributions and The Claremont Colleges contributions (if eligible) are yours to keep once they are deposited into your account.
Distributions	Generally, the plan is designed for you to take distributions upon severance of employment. However, you may qualify for a loan, a hardship withdrawal, or in-service withdrawals on or after obtaining age 59½.

Note: Different retirement plan options apply for employees of California Botanic Garden.

For more information on the Academic Retirement Plan, visit <http://www.tiaa.org/theclaremontcolleges>.

SAVE NOW, ENJOY LATER



NEED THE SALARY DEFERRAL FORM?

Visit <https://services.claremont.edu/benefits-administration/> and click on Benefit Forms to access the form.



457(b) Plan

Who's Eligible	Eligibility is restricted to employees with a monthly base salary of \$12,917 or higher.
How to Enroll	Visit www.TIAA.org/theclaremontcolleges
Your Contributions	If eligible, you can contribute on a pre-tax basis each pay period up to the IRS limit of \$23,000. It is recommended that you maximize deferrals in the ARP first and use the 457(b) Plan for any additional deferral opportunity.
The Claremont Colleges Contributions	Contact Loo Hsing, Supervisor Retirement Services for details: Loo.hsing@claremont.edu or (909) 607-3780.
Vesting	Your contributions and The Claremont Colleges contributions (if applicable) are yours to keep once they are deposited into your account.
Distributions	<p>Generally, the plan is designed for you to take distributions upon severance of employment. However, you may qualify for a distribution prior to a separation of employment.</p> <p>You will have sixty days from the date of your severance of employment to elect when you want funds to be paid to you. If you fail to make an election within sixty days, the entire amount of funds in your 457(b) account will be paid to you immediately in one lump sum payment, less applicable tax withholdings.</p>



VOLUNTARY PLANS

OUR VOLUNTARY PLANS

Pet Insurance
Identity Protection Insurance
Legal Assistance Insurance
Accident Insurance
Critical Illness Insurance
Hospital Indemnity Insurance

You're unique—and so are your benefit needs

Voluntary benefits are optional coverages that help you customize your benefits package to your individual needs.

The Claremont Colleges offers plans to help:

- replace income if you're injured or ill
- bridge the gap for special healthcare needs
- secure your identity, and help you manage legal issues
- save money on protection for your pets

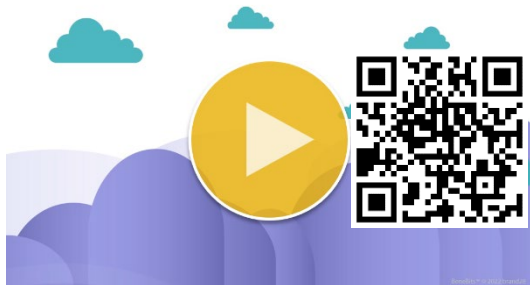
You pay the entire cost for these plans, but our group rates may be more affordable than individual coverage.

Voluntary benefits are just that: voluntary. You have the freedom and flexibility to choose the benefits that make sense for you and your family. Or, you don't have to sign up for voluntary benefits at all. The choice is yours.

VOLUNTARY HEALTH- RELATED PLANS

Click or scan to play video

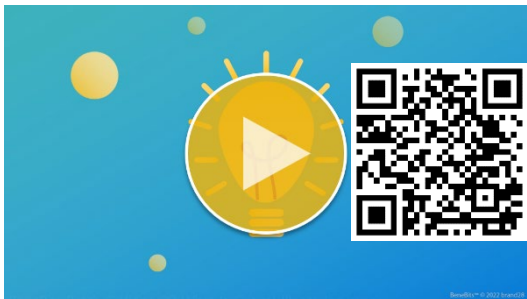
Accident Insurance



Accident Insurance

Accident Insurance from Voya helps you pay for unexpected costs that can add up due to common injuries such as fractures, dislocations, burns, emergency room or urgent care visits, and physical therapy. If you or a covered family member has an accident, this plan pays a lump-sum, tax-free benefit. The amount of money depends on the type and severity of your injury and can be used any way you choose. Coverage is available for you and your eligible dependents.

Critical Illness



Critical Illness Insurance

Critical illness insurance from Voya can help fill a financial gap if you experience a serious illness such as cancer, heart attack or stroke. Upon diagnosis of a covered illness, a lump-sum, tax-free benefit is immediately paid to you. Use it to help cover medical costs, transportation, childcare, lost income, or any other need following a critical illness. There are two coverage options for you: \$15,000 or \$30,000. coverage is available for your eligible dependents.

Hospital Indemnity



Hospital Indemnity Insurance

Hospital indemnity insurance from Voya enhances your current medical coverage. The plan pays a lump sum, tax-free benefit when you or an enrolled dependent is admitted or confined to the hospital for covered accidents and illnesses. You can use the money you receive under the plan however you see fit, for paying medical bills, childcare, or for regular living expenses like groceries—you decide. Coverage is available for you and your eligible dependents.

THINGS TO CONSIDER

Your medical plan helps cover the cost of illness, but a serious or long-lasting medical crisis often involves additional expenses and may affect your ability to bring home a full paycheck. These plans provide you with resources to help you get by while there are additional strains on your finances.

Need more information?

For more details on these plans, visit
<https://presents.voya.com/EBRC/Claremont>

PLANS TO KEEP YOU AND YOUR FAMILY SECURE



CONTACT INFORMATION

See the Plan Contacts section of this guide.



Identity Theft Protection

Identity theft is serious. Victims can spend hundreds, even thousands of dollars, and weeks of their own time to repair the damage done to their good names and credit records. The longer identity fraud goes undetected, the more expensive and difficult it becomes to resolve. For an affordable monthly premium, identity theft protection from Allstate helps protect your personal information through proactive monitoring, identity restoration, and resolution. Visit myaip.com for more details.

Legal Program

Do you have an attorney on retainer? Most people don't, so our legal program offers you access to legal advice and even representation for an affordable monthly premium. Whether you need assistance reviewing a rental agreement, fighting a criminal matter, immigration assistance, family issues, debt-related challenges, driving matters, wills and estate planning. Legal coverage from ARAG Legal offers reputable attorney assistance for you and your family. Visit <https://www.araglegal.com/authenticate> (code18437ccs) for details.

Pet Insurance

Pets are members of the family too. When your pet gets sick, bills can add up faster than expected. Pet insurance prevents you from needing to weigh your pet's health against your bank account. Most plans offer coverage for costs associated with both accidents and illnesses—even medications. Nationwide provides coverage for this program. Premiums vary by coverage; premiums are paid directly to Nationwide. Visit <https://benefits.petinsurance.com/the-claremont-colleges> for more.



WELLBEING & BALANCE

**“ THE KEY TO KEEPING YOUR
BALANCE IS KNOWING
WHEN YOU'VE LOST IT. ”**

A Happier, Healthier You

Creating a healthy balance between work and play is a major factor in leading a happy and productive lifestyle, but it's not always easy.

We offer programs to help you:

- Manage stress, chemical dependency, mental health and family issues

Taking care of yourself will help you be more effective in all areas of your life. Be sure to take advantage of these programs to stay at your best.

BLUE SHIELD WELLNESS



LEARN ABOUT PREVENTIVE CARE FOR YOU AND YOUR FAMILY

Annual preventive care visits can help you catch small problems before they turn into big ones. Find out what screenings, services, and immunizations we recommend for you and your family. Visit blueshieldca.com/preventive.

GET YOUR FLU SHOT AND MORE AT A RETAIL PHARMACY

Blue Shield's large network of retail pharmacies offers several preventive vaccines, including the annual flu shot, at no extra charge without a prescription. If preferred, you can still get vaccines at your doctor's office, instead of a pharmacy. Learn more at <https://www.bscaplan.com/j337ez>.

AWAY FROM HOME CARE PROGRAM for HMO MEMBERS

You and your family can stay covered with HMO benefits for extended periods with the Away From Home Care® program. Visit <https://www.blueshieldca.com/en/home/find-a-doctor/help/access-to-coverage> or call (800) 622-9402.

Improve Your Health with Wellvolution

Wellvolution is a free digital platform for health and well-being offering over 50 tested apps and programs to help you achieve your health goals. Areas of focus include disease prevention and reversal, nutrition, sleep, smoking and mental health! Get expert online mental health care the way you need it, when you need it, where you need it. Visit wellvolution.com.

Member Savings

Save money and be healthier with a wide range of wellness discount programs, including Fitness Your Way™. Blue Shield gives you access to more than 800 fitness centers in CA and more than 10,000 nationwide, for just \$25 per month. Programs include acupuncture and chiropractic services; therapeutic massage; and eye exams, frames, contact lenses, and LASIK surgery. Learn more at blueshieldca.com/wellnessdiscounts.

Care Management Program

Get support managing your health needs for conditions such as diabetes, depression, chronic pain, cancer, and more. Services include personalized health coaching, care plan development, and provider coordination. To learn more, go to blueshieldca.com/wellness and search for Conditions and Care Programs. Call (855) 599-2657 to find out if you're eligible.

Maternity Program

Blue Shield's Maternity Program offers pregnancy assistance, including a consultation with a registered dietitian, assessments at pregnancy milestones, and access to a 24/7 support hotline staffed by experienced nurses. Go to blueshieldca.com/wellness, click on Conditions and Care Programs, and then select Women's Health and click Learn more under the Maternity Program.

Care Away from Home

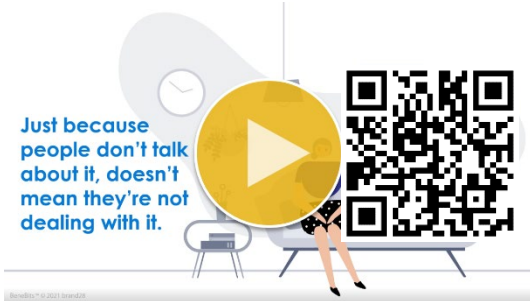
Get covered services for urgent and emergency care while traveling in the United States or abroad. Available to all HMO and PPO plan members.

If in the United States: (800) 810-BLUE or visit provider.bcbs.com.

If overseas: (804) 673-1177 or visit bcbsglobalcore.com.

EMPLOYEE ASSISTANCE PROGRAM (EAP)

Click or scan to play video



CONTACT THE EAP

Phone: (800) 234-5465

Website:

www.liveandworkwell.com

(use access code: claremontcolleges)

Help for you and your household members

There are times when everyone needs a little help or advice, or assistance with a serious concern. The EAP through Optum can help you handle a wide variety of personal issues such as emotional health and substance abuse; parenting and childcare needs; financial coaching; legal consultation; and eldercare resources.

Best of all, contacting the EAP is completely confidential, free and available to any member of your immediate household.

No cost EAP resources

The EAP is available around the clock to ensure you get access to the resources you need:

- Unlimited phone access 24/7
- In-person or video counseling for short-term issues; up to 5 per incident
- Unlimited web access to helpful articles, resources, and self-assessment tools

COUNSELING BENEFITS

- Difficulty with relationships
- Emotional distress
- Job stress
- Communication/ conflict issues
- Alcohol or drug problems
- Loss and death

PARENTING & CHILDCARE

- Referrals to quality providers
- Family day care homes
- Infant centers and preschools
- Before/after school care
- 24-hour care

FINANCIAL COACHING

- Money management
- Debt management
- Identity theft resolution
- Tax issues

LEGAL CONSULTATION

- Referral to a local attorney
- Family issues (marital, child custody, adoption)
- Estate planning
- Landlord/tenant
- Immigration
- Personal Injury
- Consumer protection
- Real estate
- Bankruptcy

ELDERCARE RESOURCES

- Help with finding appropriate resources to care for an elderly or disabled relative

ONLINE RESOURCES

- Self-help tools to enhance resilience and well-being
- Useful information and links to various services and topics



IMPORTANT PLAN INFORMATION

In this section, you'll find important plan information, including:

- Your voluntary benefit contributions for 2024
- Contact information for our benefit carriers and vendors
- A Benefits Glossary to help you understand important insurance terms
- A summary of the health plan notices you are entitled to receive annually, and where to find them
- Required Federal Notices including the Medicare Part D Notice



NEED MORE INFORMATION?

To access all of the Blue Shield of CA tools and services, visit the Blue Shield website for The Claremont Colleges employees.
<https://www.bscaplan.com/j337ez>



YOUR 2024 VOLUNTARY PLAN RATES

ACCIDENT INSURANCE (MONTHLY)

	Low	High
EMPLOYEE	\$7.97	\$11.52
EMPLOYEE + SPOUSE	\$13.28	\$19.20
EMPLOYEE + CHILD	\$15.72	\$22.73
FAMILY	\$21.03	\$30.41

HOSPITAL INDEMNITY INSURANCE (MONTHLY)

	Low	High
EMPLOYEE	\$18.91	\$37.82
EMPLOYEE + SPOUSE	\$39.62	\$79.24
EMPLOYEE + CHILD	\$28.56	\$57.13
FAMILY	\$49.27	\$98.55

VOLUNTARY PET INSURANCE RATES (MONTHLY)

Rates

Varies based on pet's species and age, and the state in which you live. For a quote, visit www.petinsurance.com/claremont or call 877-738-7874.

VOLUNTARY LEGAL ASSISTANCE INSURANCE (MONTHLY)

Rates

\$18.25 (employee only and/or family)

VOLUNTARY IDENTITY PROTECTION INSURANCE (MONTHLY)

Rates

\$7.95 (employee only)

\$13.95 (family)

CRITICAL ILLNESS COVERAGE OPTIONS (MONTHLY)

EMPLOYEE AMOUNT: \$15,000 SPOUSE AMOUNT: \$7,500 CHILD AMOUNT: \$5,000					EMPLOYEE AMOUNT: \$30,000 SPOUSE AMOUNT: \$15,000 CHILD AMOUNT: \$10,000			
Age	EMPLOYEE	EMPLOYEE + SPOUSE	EMPLOYEE + CHILD	EMPLOYEE + FAMILY	EMPLOYEE	EMPLOYEE + SPOUSE	EMPLOYEE + CHILD	EMPLOYEE + FAMILY
< 29	\$6.10	\$10.25	\$8.05	\$12.20	\$10.90	\$17.90	\$14.80	\$21.80
30-39	\$7.15	\$11.90	\$9.10	\$13.85	\$13.00	\$21.20	\$16.90	\$25.10
40-49	\$14.20	\$22.78	\$16.15	\$24.73	\$27.10	\$42.95	\$31.00	\$46.85
50-59	\$28.75	\$46.25	\$30.70	\$48.20	\$56.20	\$89.90	\$60.10	\$93.80
60-64	\$43.00	\$68.23	\$44.95	\$70.18	\$84.70	\$133.85	\$88.60	\$137.75
65-69	\$52.90	\$85.10	\$54.85	\$87.05	\$104.50	\$167.60	\$108.40	\$171.50
70+	\$78.25	\$119.45	\$80.20	\$121.40	\$155.20	\$236.30	\$159.10	\$240.20

VOLUNTARY LIFE AND AD&D INSURANCE COSTS

If you elect Voluntary Life and/or AD&D coverage, your monthly premium rate is calculated based on your age and/or the amount of coverage. Use the table below to estimate the premium amount that will be deducted from your paycheck.

VOLUNTARY LIFE INSURANCE

Rates for employees & spouse/domestic partner are based on the employee's age as of January 1, 2024.

Monthly Rate Per \$1,000 of Coverage

Age	Employee & Spouse Monthly Rates
< 29	\$0.023
30 - 34	\$0.028
35 - 39	\$0.041
40 - 44	\$0.069
45 - 49	\$0.103
50 - 54	\$0.158
55 - 59	\$0.282
60 - 64	\$0.434
65 - 69	\$0.874
70 +	\$1.418
Dependent Child(ren) Life Insurance:	\$1.05 for \$15,000 of coverage per child

VOLUNTARY ACCIDENTAL DEATH AND DISMEMBERMENT (AD&D) INSURANCE

Coverage amounts may not exceed ten times your annual base salary. AD&D benefit amount cannot be increased after age 70. Coverage for children is 30% of the AD&D benefit amount up to a maximum of \$50,000.

Monthly Rate Per \$1,000 of Coverage

AD&D Benefit Amount	Employee Only	Family
\$25,000	\$0.48	\$0.93
\$50,000	\$0.95	\$1.85
\$75,000	\$1.43	\$2.78
\$100,000	\$1.90	\$3.70
\$125,000	\$2.38	\$4.63
\$150,000	\$2.85	\$5.55
\$175,000	\$3.33	\$6.48
\$200,000	\$3.80	\$7.40
\$225,000	\$4.28	\$8.33
\$250,000	\$4.75	\$9.25
\$275,000	\$5.23	\$10.18
\$300,000	\$5.70	\$11.10
\$325,000	\$6.18	\$12.03
\$350,000	\$6.65	\$12.95
\$375,000	\$7.13	\$13.88
\$400,000	\$7.60	\$14.80
\$425,000	\$8.08	\$15.73
\$450,000	\$8.55	\$16.65
\$475,000	\$9.03	\$17.58
\$500,000	\$9.50	\$18.50



2024 Benefit Plan Rates for Faculty and Staff

Medical Plans	Kaiser Permanente HMO		Blue Shield Access+ HMO		Blue Shield Trio HMO		Blue Shield HDHP (PPO)	
	Monthly	Bi-Weekly (26 Deductions)	Monthly	Bi-Weekly (26 Deductions)	Monthly	Bi-Weekly (26 Deductions)	Monthly	Bi-Weekly (26 Deductions)
Employee Only	\$67.91	\$31.34	\$63.30	\$29.22	\$24.99	\$11.53	\$61.89	\$28.56
Two Party	\$285.20	\$131.63	\$265.83	\$122.69	\$104.94	\$48.43	\$260.20	\$120.09
Family	\$611.14	\$282.06	\$569.11	\$262.67	\$224.65	\$103.68	\$559.05	\$258.02

Note: Imputed income taxation applies when enrolling a domestic partner; please see your benefits representative for additional information.

Dental Plans	Cigna Dental DHMO		Cigna Dental DPPO	
	Monthly	Bi-Weekly	Monthly	Bi-Weekly
Employee Only	\$5.93	\$2.74	\$40.31	\$18.60
Two Party	\$16.16	\$7.46	\$79.20	\$36.55
Family	\$33.28	\$15.36	\$156.32	\$72.15

Vision Plans	Anthem Vision Core		Anthem Vision Buy-Up	
	Monthly	Bi-Weekly	Monthly	Bi-Weekly
Employee Only	\$0.00	\$0.00	\$7.46	\$3.44
Two Party	\$1.53	\$0.71	\$12.60	\$5.82
Family	\$3.41	\$1.57	\$20.90	\$9.65

Accident Insurance (Voya) Monthly Rates		Low	High
Employee		\$7.97	\$11.52
Employee + Spouse		\$13.28	\$19.20
Employee + Child		\$15.72	\$22.73
Family		\$21.03	\$30.41

Hospital Indemnity Insurance (Voya) Monthly Rates		Low	High
Employee		\$18.91	\$37.82
Employee + Spouse		\$39.62	\$79.24
Employee + Child		\$28.56	\$57.13
Family		\$49.27	\$98.55

Critical Illness Insurance (Voya) Monthly	Employee Amount: 15,000 Spouse Amount: \$7,500 Child Amount: \$5,000					Employee Amount: 30,000 Spouse Amount: \$15,000 Child Amount: \$10,000			
	Age	EMPLOYEE	EMPLOYEE + SPOUSE	EMPLOYEE + CHILD	EMPLOYEE + FAMILY	EMPLOYEE	EMPLOYEE + SPOUSE	EMPLOYEE + CHILD	EMPLOYEE + FAMILY
	< 29	\$6.10	\$10.25	\$8.05	\$12.20	\$10.90	\$17.90	\$14.80	\$21.80
	30-39	\$7.15	\$11.90	\$9.10	\$13.85	\$13.00	\$21.20	\$16.90	\$25.10
	40-49	\$14.20	\$22.78	\$16.15	\$24.73	\$27.10	\$42.95	\$31.00	\$46.85
	50-59	\$28.75	\$46.25	\$30.70	\$48.20	\$56.20	\$89.90	\$60.10	\$93.80
	60-64	\$43.00	\$68.23	\$44.95	\$70.18	\$84.70	\$133.85	\$88.60	\$137.75
	65-69	\$52.90	\$85.10	\$54.85	\$87.05	\$104.50	\$167.60	\$108.40	\$171.50
	70+	\$78.25	\$119.45	\$80.20	\$121.40	\$155.20	\$236.30	\$159.10	\$240.20

Monthly Voluntary Legal Assistance Insurance (Arag)	Monthly Voluntary Identity Protection Insurance (Allstate)	Monthly Voluntary Pet Insurance (Nationwide)
\$18.25 (Employee only and family coverage)	Employee Only \$7.95	www.petinsurance.com/claremont or call 877-738-7874
	Family \$13.95	

Supplemental Life Insurance (Unum)	
Age	Employee & Spouse Monthly Rates (per \$1,000 of coverage)
< 29	\$0.023
30 - 34	\$0.028
35 - 39	\$0.041
40 - 44	\$0.069
45 - 49	\$0.103
50 - 54	\$0.158
55 - 59	\$0.282
60 - 64	\$0.434
65 - 69	\$0.874
70 +	\$1.418
Dependent Child(ren) Life Insurance	\$1.05 for \$15,000 of coverage per child

AD&D (Zurich)		
Benefit Amount	Employee Only	Family
\$25,000	\$0.48	\$0.93
\$50,000	\$0.95	\$1.85
\$75,000	\$1.43	\$2.78
\$100,000	\$1.90	\$3.70
\$125,000	\$2.38	\$4.63
\$150,000	\$2.85	\$5.55
\$175,000	\$3.33	\$6.48
\$200,000	\$3.80	\$7.40
\$225,000	\$4.28	\$8.33
\$250,000	\$4.75	\$9.25
\$275,000	\$5.23	\$10.18
\$300,000	\$5.70	\$11.10
\$325,000	\$6.18	\$12.03
\$350,000	\$6.65	\$12.95
\$375,000	\$7.13	\$13.88
\$400,000	\$7.60	\$14.80
\$425,000	\$8.08	\$15.73
\$450,000	\$8.55	\$16.65
\$475,000	\$9.03	\$17.58
\$500,000	\$9.50	\$18.50

PLAN CONTACTS

If you need to reach our plan providers, here is their contact information:

Plan Type	Provider	Phone Number	Website	Policy No.
Blue Shield Trio HMO	Blue Shield of CA	855-829-3566	https://www.bscaplan.com/j337ez	HMOX0002
Blue Shield Access+ HMO	Blue Shield of CA	855-599-2657	https://www.bscaplan.com/j337ez	HMOX0001
Blue Shield PPO HDHP	Blue Shield of CA	855-599-2657	https://www.bscaplan.com/j337ez	PPOX0001
Kaiser HMO Plan	Kaiser Permanente	800-464-4000	www.kp.org	101582
Cigna Dental HMO & PPO	Cigna	800-244-6224	www.cigna.com	3340182
Anthem Vision	Anthem BlueView	866-723-0515	www.anthem.com/ca	C23782
FSA	PayFlex	800-284-4885	www.payflex.com	N/A
Employee Assistance Program	Optum	800-234-5465	www.liveandworkwell.com	claremontcolleges
Life Insurance	Unum	866-679-3054	www.unum.com	442162
Voluntary AD&D	Zurich	866-841-4771	www.zurichna.com	GTU -5091313
Supplemental Medical	Voya	877-236-7564	https://presents.voya.com/EBRC/Claremont	Claremont
Retirement	TIAA	800-842-2776	www.tiaa-cref.org	Select the institution of your employment
Identity Theft Protection	Allstate	800-789-2720	www.myaip.com	The Claremont Colleges
Legal	ARAG	800-247-4184	www.ARAGLegalCenter.com	18437CC3
Pet Insurance	Nationwide	855-874-4944	petinsurance.com/Claremont	Claremont
Travel Assistance	Zurich	800-555-0870	www.zurichna.com	GTU-5091313
Medicare	Medicare	1-800-MEDICARE (1-800-633-4227)	www.medicare.gov	N/A
SGIA Medicare Solutions	Lucy Parker	(626) 658-2931		N/A
Health Rights	Centers for Health Rights	213-383-4519	chcsbc.org	N/A

GLOSSARY

-A-

AD&D Insurance

An insurance plan that pays a benefit to you or your beneficiary if you suffer from loss of a limb, speech, sight, or hearing, or if you have a fatal accident.

Allowed Amount

The maximum amount your plan will pay for a covered healthcare service.

Ambulatory Surgery Center (ASC)

A healthcare facility that specializes in same-day surgical procedures such as cataracts, colonoscopies, upper GI endoscopy, orthopedic surgery, and more.

Annual Limit

A cap on the benefits your plan will pay in a year. Limits may be placed on particular services such as prescriptions or hospitalizations. Annual limits may be placed on the dollar amount of covered services or on the number of visits that will be covered for a particular service. After an annual limit is reached, you must pay all associated health care costs for the rest of the plan year.

-B-

Balance Billing

In-network providers are not allowed to bill you for more than the plan's allowable charge, but out-of-network providers are. This is called balance billing. For example, if the provider's fee is \$100 but the plan's allowable charge is only \$70, an out-of-network provider may bill YOU for the \$30 difference (the balance).

Note: Beginning January 1, 2024 the "No Surprises Act" provides protections against surprise billing for emergency services, air ambulance services, and certain services provided by a non-participating provider at a participating facility. For these services, the member's cost are generally limited to what the charge would have been if received in-network, leaving any balance to be settled between the insurer and the out-of-network provider. Consult your health plan documents for details.

Beneficiary

The person (or persons) that you name to be paid a benefit should you die. Beneficiaries are requested for life, AD&D, and retirement plans. You must name your beneficiary in advance.

Brand Name Drug

A drug sold under its trademarked name. For example, Lipitor is the brand name of a common cholesterol medicine.

-C-

COBRA

A federal law that may allow you to temporarily continue healthcare coverage after your employment ends, based on

certain qualifying events. If you elect COBRA (Consolidated Omnibus Budget Reconciliation Act) coverage, you pay 100% of the premiums, including any share your employer used to pay, plus a small administrative fee.

Claim

A request for payment that you or your health care provider submits to your healthcare plan after you receive services that may be covered.

Coinsurance

Your share of the cost of a healthcare visit or service. Coinsurance is expressed as a percentage and always adds up to 100%. For example, if the plan pays 70%, your coinsurance responsibility is 30% of the cost. If your plan has a deductible, you pay 100% of the cost until you meet your deductible amount.

Copayment

A flat fee you pay for some healthcare services, for example, a doctor's office visit. You pay the copayment (sometimes called a copay) at the time you receive care. In most cases, copays do not count toward the deductible.

-D-

Deductible

The amount of healthcare expenses you have to pay for with your own money before your health plan will pay. The deductible does not apply to preventive care and certain other services.

Family coverage may have an **aggregate** or **embedded** deductible. Aggregate means your family must meet the entire family deductible before any individual expenses are covered. Embedded means the plan begins to make payments for an individual member as soon as they reach their individual deductible.

Dental Basic Services

Services such as fillings, routine extractions and some oral surgery procedures.

Dental Diagnostic & Preventive Generally includes routine cleanings, oral exams, x-rays, and fluoride treatments. Most plans limit preventive exams and cleanings to two times a year.

Dental Major Services

Complex or restorative dental work such as crowns, bridges, dentures, inlays and onlays.

Dependent Care Flexible Spending Account (FSA)

An arrangement through your employer that lets you pay for eligible child and elder care expenses with tax-free dollars. Eligible expenses include day care, before

and after-school programs, preschool, and summer day camp for children under age

13. Also included is care for a spouse or other dependent who lives with you and is physically incapable of self-care.

-E-

Eligible Expense

A service or product that is covered by your plan. Your plan will not cover any of the cost if the expense is not eligible.

Excluded Service

A service that your health plan doesn't pay for or cover.

-F-

Formulary

A list of prescription drugs covered by your medical plan or prescription drug plan. Also called a drug list.

-G-

Generic Drug

A drug that has the same active ingredients as a brand name drug, but is sold under a different name. For example, Atorvastatin is the generic name for medicines with the same formula as Lipitor.

Grandfathered

A medical plan that is exempt from certain provisions of the Affordable Care Act (ACA).

-H-

Health Reimbursement Account (HRA) An account funded by an employer that reimburses employees, tax-free, for qualified medical expenses up to a maximum amount per year. Sometimes called Health Reimbursement Arrangements.

Healthcare Flexible Spending Account (FSA)

A health account through your employer that lets you pay for many out-of-pocket medical expenses with tax-free dollars. Eligible expenses include insurance copayments and deductibles, qualified prescription drugs, insulin, and medical devices, and some over-the-counter items.

High Deductible Health Plan (HDHP)

A medical plan with a higher deductible than a traditional insurance plan. The monthly premium is usually lower, but you pay more health care costs (the deductible) before the insurance company starts to pay its share. A high deductible plan (HDHP) may make you eligible for a health savings account (HSA) that allows you to pay for certain medical expenses with money free from federal taxes.

GLOSSARY

- I-**
In-Network
In-network providers and services contract with your healthcare plan and will usually be the lowest cost option. Check your plan's website to find doctors, hospitals, labs, and pharmacies. Out-of-network services will cost more, or may not be covered.
- L-**
Life Insurance
An insurance plan that pays your beneficiary a lump sum if you die.
- Long Term Disability Insurance**
Insurance that replaces a portion of your income if you are unable to work due to a debilitating illness, serious injury, or mental disorder. Long term disability generally starts after a 90-day waiting period.
- M-**
Mail Order
A feature of a medical or prescription drug plan where medicines you take routinely can be delivered by mail in a 90-day supply.
- O-**
Open Enrollment
The time of year when you can change the benefit plans you are enrolled in and the dependents you cover. Open enrollment is held one time each year. Outside of open enrollment, you can only make changes if you have certain events in your life, like getting married or adding a new baby or child in the family.
- Out-of-Network**
Out-of-network providers (doctors, hospitals, labs, etc.) cost you more because they are not contracted with your plan and are not obligated to limit their maximum fees. Some plans, such as HMOs and EPOs, do not cover out-of-network services at all.
- Out-of-Pocket Cost**
A healthcare expense you are responsible for paying with your own money, whether from your bank account, credit card, or from a health account such as an HSA, FSA or HRA.
- Out-of-Pocket Maximum**
Protects you from big medical bills. Once costs "out of your own pocket" reach this amount, the plan pays 100% of most remaining eligible expenses for the rest of the plan year.
- Family coverage may have an *aggregate* or *embedded* maximum. Aggregate means your family must meet the entire family out-of-pocket maximum before the plan pays 100% for any member. Embedded means the plan will cover 100% for an individual member as soon as they reach their individual maximum.
- Outpatient Care**
Care from a hospital that doesn't require you to stay overnight.
- P-**
Participating Pharmacy
A pharmacy that contracts with your medical or drug plan and will usually result in the lowest cost for prescription medications.
- Plan Year**
A 12-month period of benefits coverage. The 12-month period may or may not be the same as the calendar year.
- Preferred Drug**
Each health plan has a preferred drug list that includes prescription medicines based on an evaluation of effectiveness and cost. Another name for this list is a "formulary." The plan may charge more for non-preferred drugs or for brand name drugs that have generic versions. Drugs that are not on the preferred drug list may not be covered.
- Preventive Care Services**
Routine healthcare visits that may include screenings, tests, check-ups, immunizations, and patient counseling to prevent illnesses, disease, or other health problems. Many preventive care services are fully covered. Check with your health plan in advance if you have questions about whether a preventive service is covered.
- Primary Care Provider (PCP)**
The main doctor you consult for healthcare issues. Some medical plans require members to name a specific doctor as their PCP, and require care and referrals to be directed or approved by that provider.
- S-**
Short Term Disability Insurance
Insurance that replaces a portion of your income if you are temporarily unable to work due to surgery and recovery time, a prolonged illness or injury, or pregnancy issues and childbirth recovery.
- T-**
Telehealth / Telemedicine / Teledoc
A virtual visit to a doctor using video chat on a computer, tablet or smartphone. Telehealth visits can be used for many common, non-serious illnesses and injuries and are available 24/7. Many health plans and medical groups provide telehealth services at no cost or for much less than an office visit.
- U-**
UCR (Usual, Customary, and Reasonable)
The amount paid for a medical service in a geographic area based on what providers in the area usually charge for the same or similar medical service. The UCR amount sometimes is used to determine the allowed amount.
- Urgent Care**
Care for an illness, injury or condition serious enough that care is needed right away, but not so severe it requires emergency room care. Treatment at an urgent care center generally costs much less than an emergency room visit.
- V-**
Vaccinations
Treatment to prevent common illnesses such as flu, pneumonia, measles, polio, meningitis, shingles, and other diseases. Also called immunizations.
- Voluntary Benefit**
An optional benefit plan offered by your employer for which you pay the entire premium, usually through payroll deduction.

IMPORTANT PLAN INFORMATION

HEALTH PLAN NOTICES

These notices must be provided to plan participants on an annual basis and are available in the Annual Notices document, located in this guide.

- **Medicare Part D Notice:** Describes options to access prescription drug coverage for Medicare eligible individuals
- **Women's Health and Cancer Rights Act:** Describes benefits available to those that will or have undergone a mastectomy
- **Newborns' and Mothers' Health Protection Act:** Describes the rights of mother and newborn to stay in the hospital 48-96 hours after delivery
- **HIPAA Notice of Special Enrollment Rights:** Describes when you can enroll yourself and/or dependents in health coverage outside of open enrollment
- **HIPAA Notice of Privacy Practices:** Describes how health information about you may be used and disclosed
- **Notice of Choice of Providers:** Notifies you that your plan requires you to name a Primary Care Physician (PCP) or provides for you to select one
- **Premium Assistance Under Medicaid and the Children's Health Insurance Program (CHIP):** Describes availability of premium assistance for Medicaid eligible dependents.

COBRA CONTINUATION COVERAGE

You and/or your dependents may have the right to continue coverage after you lose eligibility under the terms of our health plan. Upon enrollment, you and your dependents receive a COBRA Initial Notice that outlines the circumstances under which continued coverage is available and your obligations to notify the plan when you or your dependents experience a qualifying event. Please review this notice carefully to make sure you understand your rights and obligations.

PLAN DOCUMENTS

Important documents for our health plan and retirement plan are available in this guide. Paper copies of these documents and notices are available if requested. If you would like a paper copy, please contact the Plan Administrator.

SUMMARY PLAN DESCRIPTIONS (SPD)

The legal document for describing benefits provided under the plan as well as plan rights and obligations to participants and beneficiaries.

- The Claremont Colleges Group Health Plan

SUMMARY OF BENEFITS AND COVERAGE (SBC)

A document required by the Affordable Care Act (ACA) that presents benefit plan features in a standardized format.

STATEMENT OF MATERIAL MODIFICATIONS

This enrollment guide constitutes a Summary of Material Modifications (SMM) to the Claremont Colleges Group Health Plan. It is meant to supplement and/or replace certain information in the SPD, so retain it for future reference along with your SPD. Please share these materials with your covered family members.

AFFORDABLE CARE ACT REQUIREMENTS

The information below explains how your eligibility for healthcare coverage is determined, in accordance with the rules of the Affordable Care Act (ACA).

Under the ACA, employers are required to report specific benefits information to IRS on “full-time” employees as defined by the ACA. A “full-time” employee is generally an employee whose works on average 130 hours per month. ACA full-time status can affect or determine major medical benefits eligibility but is not a guarantee of benefits eligibility. Claremont Colleges uses the look-back measurement method to determine group health plan eligibility.

NEW EMPLOYEES HIRED TO WORK FULL-TIME: If you are hired as a new full-time employee (work on average 130 or more hours a month), you and your dependents are generally eligible for group health plan coverage as of First of Month Following Date of Hire.

NEW EMPLOYEES HIRED TO WORK A PART-TIME, VARIABLE HOUR OR SEASONAL SCHEDULE: If you are hired into a part-time position, a position where your hours vary and Claremont Colleges is unable to determine — as of your date of hire — whether you will be a full-time employee, or you are hired as a seasonal employee who will work for six (6) consecutive months or less (regardless of monthly hours worked), you will be placed in an initial measurement period (IMP) of . Your IMP will begin on . If, during your IMP, you average 130 or more hours a month, you will become full-time and, if otherwise eligible for benefits, you will be offered coverage . Your full-time status will remain in effect during an associated stability period that will last . If your employment is terminated during that stability period, and you were enrolled in benefits, you will be offered coverage under COBRA.

ONGOING EMPLOYEES: An ongoing employee is an individual who has been employed for an entire standard measurement period. A standard measurement period is the period during which Claremont Colleges counts employee hours to determine which employees work full-time. Those employees who average 130 or more hours a month over the standard measurement period will be deemed full time and, if otherwise eligible for benefits, offered coverage as of the first day of the stability period associated with the standard measurement period. Full-time status will be in effect during an associated stability period for . If your employment is terminated during a stability period, and you were enrolled in benefits, you will be offered continued coverage under COBRA.

Claremont Colleges uses the standard measurement period and associated stability period annual cycle set forth below:

MEASUREMENT PERIOD: STARTS: November 1st. DURATION: 12 months. Time to determine if you work 130+ hours per month on average – used to establish if you are "full-time" or "part-time" for medical eligibility.

STABILITY PERIOD: STARTS: January 1st. DURATION: 12 months. Time during which you will be considered "full-time" or "part-time" for medical plan eligibility - based on hours worked during preceding Measurement Period.

NEW HEALTH INSURANCE MARKETPLACE COVERAGE OPTIONS AND YOUR HEALTH COVERAGE

PART A: General Information

To assist you as you evaluate options for you and your family, this notice provides some basic information about the new Marketplace and employment-based health coverage offered by your employer.

What is the Health Insurance Marketplace?

The Marketplace is designed to help you find health insurance that meets your needs and fits your budget. The Marketplace offers "one-stop shopping" to find and compare private health insurance options. You may also be eligible for a new kind of tax credit that lowers your monthly premium right away.

Can I Save Money on my Health Insurance Premiums in the Marketplace?

You may qualify to save money and lower your monthly premium, but only if your employer does not offer coverage, or offers coverage that doesn't meet certain standards. The savings on your premium that you're eligible for depends on your household income.

Does Employer Health Coverage Affect Eligibility for Premium Savings through the Marketplace?

Yes. If you have an offer of health coverage from your employer that meets certain standards, you will not be eligible for a tax credit through the Marketplace and may wish to enroll in your employer's health plan. However, you may be eligible for a tax credit that lowers your monthly premium, or a reduction in certain cost-sharing if your employer does not offer coverage to you at all or does not offer coverage that meets certain standards. If the cost of a plan from your employer that would cover you (and not any other members of your family) is more than 9.61% for 2024 of your household income for the year, or if the coverage your employer provides does not meet the "minimum value" standard set by the Affordable Care Act, you may be eligible for a tax credit.¹

Note: If you purchase a health plan through the Marketplace instead of accepting health coverage offered by your employer, then you may lose the employer contribution (if any) to the employer-offered coverage. Also, this employer contribution as well as your employee contribution to employer-offered coverage- is often excluded from income for Federal and State income tax purposes. Your payments for coverage through the Marketplace are made on an after-tax basis.

How Can I Get More Information?

For more information about your coverage offered by your employer, please check your summary plan description or contact your plan administrator at 909-621-8151.

The Marketplace can help you evaluate your coverage options, including your eligibility for coverage through the Marketplace and its cost. Please visit [HealthCare.gov](https://www.healthcare.gov) for more information, including an online application for health insurance coverage and contact information for a Health Insurance Marketplace in your area.

PART B: Information About Health Coverage Offered by Your Employer

This section contains information about any health coverage offered by your employer. If you decide to complete an application for coverage in the Marketplace, you will be asked to provide this information. This information is numbered to correspond to the Marketplace application.

3. Employer Name: The Claremont Colleges		4. Employer Identification Number (EIN): 95-4786748
5. Employer address: 101 South Mills Avenue		6. Employer phone number: (909) 621-8151
7. City Claremont	8. State: CA	9. Zip code: 91711
10. Who can we contact about employee health coverage at this job? Dennis Miller		
11. Phone number (if different from above)		12. Email address: benreps@claremont.edu

Here is some basic information about health coverage offered by this employer:

• As your employer, we offer a health plan to:

- ☐ Some employees. Eligible employees are: Regularly scheduled to work at least 20 hours per week shall become eligible to participate in the plan on the first of the month following date of hire.

With respect to dependents:

- ☐ We do offer coverage. Eligible dependents are: Spouse or Domestic Partner or Dependent child of an Employee who are Natural children, Stepchildren, Legally adopted (or placed for adoption), disabled children and children for who the employee is legal guardian.

**** Even if your employer intends your coverage to be affordable, you may still be eligible for a premium discount through the Marketplace. The Marketplace will use your household income, along with other factors, to determine whether you may be eligible for a premium discount. If, for example, your wages vary from week to week (perhaps you are an hourly employee or you work on a commission basis), if you are newly employed mid-year, or if you have other income losses, you may still qualify for a premium discount.**

If you decide to shop for coverage in the Marketplace, HealthCare.gov will guide you through the process. Here's the employer information you'll enter when you visit HealthCare.gov to find out if you can get a tax credit to lower your monthly premiums.

Medicare Part D Notice

Important Notice from The Claremont Colleges About Your Prescription Drug Coverage and Medicare

Please read this notice carefully and keep it where you can find it. This notice has information about your current prescription drug coverage with The Claremont Colleges and about your options under Medicare's prescription drug coverage. This information can help you decide whether or not you want to join a Medicare drug plan. If you are considering joining, you should compare your current coverage, including which drugs are covered at what cost, with the coverage and costs of the plans offering Medicare prescription drug coverage in your area. Information about where you can get help to make decisions about your prescription drug coverage is at the end of this notice.

There are two important things you need to know about your current coverage and Medicare's prescription drug coverage:

1. Medicare prescription drug coverage became available in 2006 to everyone with Medicare. You can get this coverage if you join a Medicare Prescription Drug Plan or join a Medicare Advantage Plan (like an HMO or PPO) that offers prescription drug coverage. All Medicare drug plans provide at least a standard level of coverage set by Medicare. Some plans may also offer more coverage for a higher monthly premium.
2. The Claremont Colleges has determined that the prescription drug coverage offered by Kaiser Permanente, Blue Shield HMO and Blue Shield HDHP is, on average for all plan participants, expected to pay out as much as standard Medicare prescription drug coverage pays and is therefore considered Creditable Coverage. Because your existing coverage is Creditable Coverage, you can keep this coverage and not pay a higher premium (a penalty) if you later decide to join a Medicare drug plan.

When Can You Join A Medicare Drug Plan?

You can join a Medicare drug plan when you first become eligible for Medicare and each year from October 15th to December 7th.

However, if you lose your current creditable prescription drug coverage, through no fault of your own, you will also be eligible for a two (2) month Special Enrollment Period (SEP) to join a Medicare drug plan.

What Happens To Your Current Coverage If You Decide to Join A Medicare Drug Plan?

If you decide to join a Medicare drug plan, your the Claremont Colleges coverage will not be affected. See below for more information about what happens to your current coverage if you join a Medicare drug plan.

Since the existing prescription drug coverage under the Kaiser Permanente, Blue Shield HMO and Blue Shield HDHP plan is creditable (e.g., as good as Medicare coverage), you can retain your existing prescription drug coverage and choose not to enroll in a Part D plan; or you can enroll in a Part D plan as a supplement to, or in lieu of, your existing prescription drug coverage.

If you do decide to join a Medicare drug plan and drop The Claremont Colleges prescription drug coverage, be aware that you and your dependents can only get this coverage back at open enrollment or if you experience an event that gives rise to a HIPAA Special Enrollment Right.

When Will You Pay A Higher Premium (Penalty) To Join A Medicare Drug Plan?

You should also know that if you drop or lose your current coverage with The Claremont Colleges and don't join a Medicare drug plan within 63 continuous days after your current coverage ends, you may pay a higher premium (a penalty) to join a Medicare drug plan later.

If you go 63 continuous days or longer without creditable prescription drug coverage, your monthly premium may go up by at least 1% of the Medicare base beneficiary premium per month for every month that you did not have that coverage. For example, if you go nineteen months without creditable coverage, your premium may consistently be at least 19% higher than the Medicare base beneficiary premium. You may have to pay this higher premium (a penalty) as long as you have Medicare prescription drug coverage. In addition, you may have to wait until the following October to join.

For More Information About This Notice Or Your Current Prescription Drug Coverage...

Contact the person listed below for further. NOTE: You'll get this notice each year. You will also get it before the next period you can join a Medicare drug plan, and if this coverage through The Claremont Colleges changes. You also may request a copy of this notice at any time.

For More Information About Your Options Under Medicare Prescription Drug Coverage...

More detailed information about Medicare plans that offer prescription drug coverage is in the "Medicare & You" handbook. You'll get a copy of the handbook in the mail every year from Medicare. You may also be contacted directly by Medicare drug plans.

For more information about Medicare prescription drug coverage:

- Visit [medicare.gov](https://www.medicare.gov)
- Call your State Health Insurance Assistance Program (see the inside back cover of your copy of the "Medicare & You" handbook for their telephone number) for personalized help
- Call 800-MEDICARE (800-633-4227). TTY users should call 877-486-2048.

If you have limited income and resources, extra help paying for Medicare prescription drug coverage is available. For information about this extra help, visit Social Security on the web at [socialsecurity.gov](https://www.socialsecurity.gov), or call them at 800-772-1213 (TTY 800-325-0778).

Remember: Keep this Creditable Coverage notice. If you decide to join one of the Medicare drug plans, you may be required to provide a copy of this notice when you join to show whether or not you have maintained creditable coverage and, therefore, whether or not you are required to pay a higher premium (a penalty).

Date:	01/01/2024
Name of Entity/Sender:	The Claremont Colleges
Contact-Position/Office:	TCCS Benefits Administration
Address:	101 S. Mills Avenue Claremont, CA 91711
Phone Number:	909-621-8151

CMS Form 10182-CC Updated April 1, 2011 According to the Paperwork Reduction Act of 1995, no persons are required to respond to a collection of information unless it displays a valid OMB control number. The valid OMB control number for this information collection is 0938-0990. The time required to complete this information collection is estimated to average 8 hours per response initially, including the time to review instructions, search existing data resources, gather the data needed, and complete and review the information collection. If you have comments concerning the accuracy of the time estimate(s) or suggestions for improving this form, please write to: CMS, 7500 Security Boulevard, Attn: PRA Reports Clearance Officer, Mail Stop C4-26-05, Baltimore, Maryland 21244-1850.

Women's Health and Cancer Rights Act

If you have had or are going to have a mastectomy, you may be entitled to certain benefits under the Women's Health and Cancer Rights Act of 1998 (WHCRA). For individuals receiving mastectomy-related benefits, coverage will be provided in a manner determined in consultation with the attending physician and the patient, for:

- All stages of reconstruction of the breast on which the mastectomy was performed;
- Surgery and reconstruction of the other breast to produce a symmetrical appearance;
- Prostheses; and
- Treatment of physical complications of the mastectomy, including lymphedema.

These benefits will be provided subject to the same deductibles and coinsurance applicable to other medical and surgical benefits provided under this plan. Therefore, the following deductibles and coinsurance apply: \$750/\$1,500, 20% coinsurance Kaiser HMO; Blue Shield HMO: none; Blue Shield PPO HDHP: \$2,000/\$3,200/\$4,000, 20% coinsurance. If you would like more information on WHCRA benefits, call your plan administrator at 909-621-8151.

Newborns' and Mothers' Health Protection Act

Group health plans and health insurance issuers generally may not, under Federal law, restrict benefits for any hospital length of stay in connection with childbirth for the mother or newborn child to less than 48 hours following a vaginal delivery, or less than 96 hours following a cesarean section. However, Federal law generally does not prohibit the mother's or newborn's attending provider, after consulting with the mother, from discharging the mother or her newborn earlier than 48 hours (or 96 hours as applicable). In any case, plans and issuers may not, under Federal law, require that a provider obtain authorization from the plan or the insurance issuer for prescribing a length of stay not in excess of 48 hours (or 96 hours). If you would like more information on maternity benefits, call your plan administrator at 909-621-8151.

Availability of Privacy Practices Notice

We maintain the HIPAA Notice of Privacy Practices for The Claremont Colleges describing how health information about you may be used and disclosed. You may obtain a copy of the Notice of Privacy Practices by contacting your plan administrator.

HIPAA Notice of Special Enrollment Rights

If you decline enrollment in The Claremont Colleges' health plan for you or your dependents (including your spouse) because of other health insurance or group health plan coverage, you or your dependents may be able to enroll in some coverages under this plan(s) without waiting for the next open enrollment period if you:

- Lose other health insurance or group health plan coverage. You must request enrollment within 30 days after the loss of other coverage.
- Gain a new dependent as a result of marriage, birth, adoption, or placement for adoption. You must request health plan enrollment within 30 days after the marriage, birth, adoption, or placement for adoption.
- Lose Medicaid or Children's Health Insurance Program (CHIP) coverage because you are no longer eligible. You must request medical plan enrollment within 60 days after the loss of such coverage.

If you request a change due to a special enrollment event within the 30 day timeframe, coverage will be effective the date of birth, adoption or placement for adoption. For all other events, coverage will be effective the first of the month following your request for enrollment. In addition, you may enroll in The Claremont Colleges' health plan if you become eligible for a state premium assistance program under Medicaid or CHIP. You must request enrollment within 60 days after you gain eligibility for medical plan coverage. If you request this change, coverage will be effective the first of the month following your request for enrollment. Specific restrictions may apply, depending on federal and state law.

Note: If your dependent becomes eligible for a special enrollment right, you may add the dependent to your current coverage or change to another health plan.

Notice of Choice of Providers

The Kaiser Permanente and Blue Shield HMO generally requires the designation of a primary care provider. You have the right to designate any primary care provider who participates in our network and who is available to accept you or your family members. Until you make this designation, Kaiser or Blue Shield will designate one for you. For information on how to select a primary care provider, and for a list of the participating primary care providers, contact Kaiser (www.kp.org) or Blue Shield (www.BlueShield.com/ca)

For children, you may designate a pediatrician as the primary care provider.

You do not need prior authorization from Kaiser or Blue Shield or from any other person (including a primary care provider) in order to obtain access to obstetrical or gynecological care from a health care professional in our network who specializes in obstetrics or gynecology. The health care professional, however, may be required to comply with certain procedures, including obtaining prior authorization for certain services, following a pre-approved treatment plan, or procedures for making referrals. For a list of participating health care professionals who specialize in obstetrics or gynecology, contact Kaiser (www.kp.org) or Blue Shield (www.BlueShield.com/ca).

Premium Assistance under Medicaid and the Children's Health Insurance Program (CHIP)

If you or your children are eligible for Medicaid or CHIP and you're eligible for health coverage from your employer, your state may have a premium assistance program that can help pay for coverage, using funds from their Medicaid or CHIP programs. If you or your children aren't eligible for Medicaid or CHIP, you won't be eligible for these premium assistance programs but you may be able to buy individual insurance coverage through the Health Insurance Marketplace. For more information, visit www.healthcare.gov.

If you or your dependents are already enrolled in Medicaid or CHIP and you live in a State listed below, contact your State Medicaid or CHIP office to find out if premium assistance is available.

If you or your dependents are NOT currently enrolled in Medicaid or CHIP, and you think you or any of your dependents might be eligible for either of these programs, contact your State Medicaid or CHIP office or dial 1-877-KIDS NOW or www.insurekidsnow.gov to find out how to apply. If you qualify, ask your state if it has a program that might help you pay the premiums for an employer-sponsored plan.

If you or your dependents are eligible for premium assistance under Medicaid or CHIP, as well as eligible under your employer plan, your employer must allow you to enroll in your employer plan if you aren't already enrolled. This is called a "special enrollment" opportunity, and you must request coverage within 60 days of being determined eligible for premium assistance. If you have questions about enrolling in your employer plan, contact the Department of Labor at www.askebsa.dol.gov or call 1-866-444-EBSA (3272).

If you live in one of the following states, you may be eligible for assistance paying your employer health plan premiums. The following list of states is current as of July 31, 2023. Contact your State for more information on eligibility –

ALABAMA – Medicaid

Website: <http://myalhipp.com/>

Phone: 1-855-692-5447

ALASKA – Medicaid

The AK Health Insurance Premium Payment Program | Website: <http://myakhipp.com/>

Phone: 1-866-251-4861

Email: CustomerService@MyAKHIPP.com

Medicaid Eligibility: <http://dhss.alaska.gov/dpa/Pages/medicaid/default.aspx>

ARKANSAS – Medicaid

Website: <http://myarhipp.com/> | Phone: 1-855-MyARHIPP (855-692-7447)

CALIFORNIA – Medicaid

Website: Health Insurance Premium Payment (HIPP) Program <http://dhcs.ca.gov/hipp>

Phone: 916-445-8322 | Fax: 916-440-5676

Email: hipp@dhcs.ca.gov

COLORADO – Health First Colorado (Colorado's Medicaid Program) & Child Health Plan Plus (CHP+)

Health First Colorado Website: <https://www.healthfirstcolorado.com/>

Health First Colorado Member Contact Center: 1-800-221-3943 | State Relay 711

CHP+: <https://www.colorado.gov/pacific/hcpf/child-health-plan-plus>

CHP+ Customer Service: 1-800-359-1991 | State Relay 711

Health Insurance Buy-In Program (HIBI): <https://www.colorado.gov/pacific/hcpf/health-insurance-buy-program>

HIBI Customer Service: 1-855-692-6442

FLORIDA – Medicaid

Website: <https://www.flmedicaidtplrecovery.com/flmedicaidtplrecovery.com/hipp/index.html>

Phone: 1-877-357-3268

GEORGIA – Medicaid

A HIPP Website: <https://medicaid.georgia.gov/health-insurance-premium-payment-program-hipp>

Phone: 678-564-1162, press 1

GA CHIPRA Website: <https://medicaid.georgia.gov/programs/third-party-liability/childrens-health-insurance-program-reauthorization-act-2009-chipra>

Phone: 678-564-1162, press 2

INDIANA – Medicaid

Healthy Indiana Plan for low-income adults 19-64 | Website: <http://www.in.gov/fssa/hip/>

Phone: 1-877-438-4479

All other Medicaid | Website: <https://www.in.gov/medicaid/>

Phone 1-800-457-4584

IOWA – Medicaid and CHIP (Hawki)

Medicaid Website: <https://dhs.iowa.gov/ime/members> | Medicaid Phone: 1-800-338-8366

Hawki Website: <http://dhs.iowa.gov/Hawki> | Hawki Phone: 1-800-257-8563

HIPP Website: <https://dhs.iowa.gov/ime/members/medicaid-a-to-z/hipp> | HIPP Phone: 1-888-346-9562

KANSAS – Medicaid

Website: <https://www.kancare.ks.gov/> | Phone: 1-800-792-4884

KENTUCKY – Medicaid

Kentucky Integrated Health Insurance Premium Payment Program (KI-HIPP)

Website: <https://chfs.ky.gov/agencies/dms/member/Pages/kihipp.aspx> | Phone: 1-855-459-6328

Email: KIHIPPI.PROGRAM@ky.gov

KCHIP Website: <https://kidshealth.ky.gov/Pages/index.aspx> | Phone: 1-877-524-4718

Kentucky Medicaid Website: <https://chfs.ky.gov>

LOUISIANA – Medicaid

Website: www.medicaid.la.gov or www.ldh.la.gov/lahipp

Phone: 1-888-342-6207 (Medicaid hotline) or 1-855-618-5488 (LaHIPP)

MAINE – Medicaid

Enrollment Website: <https://www.maine.gov/dhhs/ofi/applications-forms>

Phone: 1-800-442-6003 | TTY: Maine relay 711

Private Health Insurance Premium Webpage: <https://www.maine.gov/dhhs/ofi/applications-forms>

Phone: 800-977-6740 | TTY: Maine relay 711

MASSACHUSETTS – Medicaid and CHIP

Website: <https://www.mass.gov/masshealth/pa> | Phone: 1-800-862-4840

MINNESOTA – Medicaid

Website: <https://mn.gov/dhs/people-we-serve/children-and-families/health-care/health-care-programs/programs-and-services/other-insurance.jsp>

Phone: 1-800-657-3739

MISSOURI – Medicaid

Website: <http://www.dss.mo.gov/mhd/participants/pages/hipp.htm> | Phone: 573-751-2005

MONTANA – Medicaid

Website: <http://dphhs.mt.gov/MontanaHealthcarePrograms/HIPP> | Phone: 1-800-694-3084

NEBRASKA – Medicaid

Website: <http://www.ACCESSNebraska.ne.gov>

Phone: 1-855-632-7633 | Lincoln: 402-473-7000 | Omaha: 402-595-1178

NEVADA – Medicaid

Medicaid Website: <http://dhcfp.nv.gov> | Medicaid Phone: 1-800-992-0900

NEW HAMPSHIRE – Medicaid

Website: <https://www.dhhs.nh.gov/oii/hipp.htm> | Phone: 603-271-5218

Toll free number for the HIPP program: 1-800-852-3345, ext. 5218

NEW JERSEY – Medicaid and CHIP

Medicaid Website: <http://www.state.nj.us/humanservices/dmahs/clients/medicaid/>

Medicaid Phone: 609-631-2392

CHIP Website: <http://www.njfamilycare.org/index.html> | CHIP Phone: 1-800-701-0710

NEW YORK – Medicaid
Website: https://www.health.ny.gov/health_care/medicaid/ Phone: 1-800-541-2831
NORTH CAROLINA – Medicaid
Website: https://medicaid.ncdhhs.gov/ Phone: 919-855-4100
NORTH DAKOTA – Medicaid
Website: http://www.nd.gov/dhs/services/medicalserv/medicaid/ Phone: 1-844-854-4825
OKLAHOMA – Medicaid and CHIP
Website: http://www.insureoklahoma.org Phone: 1-888-365-3742
OREGON – Medicaid
Website: http://healthcare.oregon.gov/Pages/index.aspx or http://www.oregonhealthcare.gov/index-es.html Phone: 1-800-699-9075
PENNSYLVANIA – Medicaid
Website: https://www.dhs.pa.gov/Services/Assistance/Pages/HIPP-Program.aspx Phone: 1-800-692-7462
RHODE ISLAND – Medicaid and CHIP
Website: http://www.eohhs.ri.gov/ Phone: 1-855-697-4347 or 401-462-0311 (Direct Rlte Share Line)
SOUTH CAROLINA – Medicaid
Website: https://www.scdhhs.gov Phone: 1-888-549-0820
SOUTH DAKOTA – Medicaid
Website: http://dss.sd.gov Phone: 1-888-828-0059
TEXAS – Medicaid
Website: http://gethipptexas.com/ Phone: 1-800-440-0493
UTAH – Medicaid and CHIP
Medicaid Website: https://medicaid.utah.gov/ CHIP Website: http://health.utah.gov/chip Phone: 1-877-543-7669
VERMONT – Medicaid
Website: http://www.greenmountaincare.org/ Phone: 1-800-250-8427
VIRGINIA – Medicaid and CHIP
Website: https://www.coverva.org/en/famis-select or https://www.coverva.org/en/hipp Medicaid Phone: 1-800-432-5924 CHIP Phone: 1-800-432-5924
WASHINGTON – Medicaid
Website: https://www.hca.wa.gov/ Phone: 1-800-562-3022
WEST VIRGINIA – Medicaid and CHIP
Website: https://dhhr.wv.gov/bms/ or http://mywvhipp.com/ Medicaid Phone: 304-558-1700 CHIP Toll-free phone: 1-855-MyWVHIPP (1-855-699-8447)
WISCONSIN – Medicaid and CHIP
Website: https://www.dhs.wisconsin.gov/badgercareplus/p-10095.htm Phone: 1-800-362-3002
WYOMING – Medicaid
Website: https://health.wyo.gov/healthcarefin/medicaid/programs-and-eligibility/ Phone: 1-800-251-1269

To see if any other states have added a premium assistance program since July 31, 2023, or for more information on special enrollment rights, contact either:

U.S. Department of Labor
Services

Employee Benefits Security Administration
Medicaid Services

www.dol.gov/agencies/ebsa

1-866-444-EBSA (3272)

Paperwork Reduction Act Statement

According to the Paperwork Reduction Act of 1995 (Pub. L. 104-13) (PRA), no persons are required to respond to a collection of information unless such collection displays a valid Office of Management and Budget (OMB) control number. The Department notes that a Federal agency cannot conduct or sponsor a collection of information unless it is approved by OMB under the PRA, and displays a currently valid OMB control number, and the public is not required to respond to a collection of information unless it displays a currently valid OMB control number. See 44 U.S.C. 3507. Also, notwithstanding any other provisions of law, no person shall be subject to penalty for failing to comply with a collection of information if the collection of information does not display a currently valid OMB control number. See 44 U.S.C. 3512.

The public reporting burden for this collection of information is estimated to average approximately seven minutes per respondent. Interested parties are encouraged to send comments regarding the burden estimate or any other aspect of this collection of information, including suggestions for reducing this burden, to the U.S. Department of Labor, Employee Benefits Security Administration, Office of Policy and Research, Attention: PRA Clearance Officer, 200 Constitution Avenue, N.W., Room N-5718, Washington, DC 20210 or email ebsa.opr@dol.gov and reference the OMB Control Number 1210-0137.

U.S. Department of Health and Human

Centers for Medicare &

www.cms.hhs.gov

1-877-267-2323, Menu Option 4, Ext. 61565

THE
CLAREMONT
COLLEGES

